

SUMMER CALENDER

June, July and August 2026



Hours of Operation

Monday-Friday

10 am – 2 pm

Summer Registration

- Registration begins **Wednesday, May 13 for Residents (R)** only.
- Registration begins on **Wednesday, May 20 for Non-residents (NR)**.
- Don't Wait and Be Too Late! Please register at least one week prior to the class start date so we can plan accordingly. **A minimum number of registrants are required for most activities to be held.**
- See refund policy on the last page. Trip refunds are not given unless your spot can be filled with someone from our waiting list. Please contact the center as soon as possible if you must cancel your reservation.
- A fee assistance program is available for residents who need financial help to participate in our **classes only** (not trips) that have a fee greater than \$35. Fee reduction may be available based on income and family size. Contact the center for details.
- M-NCPPC, Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register at least a minimum of two weeks in advance of the program start date to request and receive a disability accommodation. To contact the Program Access office directly, you can e-mail northern.inclusion@pgparks.com or call 301-408-4350.

5720 Addison Rd, Seat Pleasant 20743

Telephone: (301)-386-5525

TTY: (301)-699-2544

Evelyn Cole Senior Activity Center (ECSAC): Information

- Maryland-National Capital Park and Planning Commission (M-NCPPC) PARKS DIRECT Senior Identification (ID): These Senior ID cards are free for Prince George's and Montgomery County residents. Non-residents can join for a nominal fee. To obtain your card, bring proof of residency and age to any M-NCPPC community center or senior activity center in Prince George's County during operating hours.
- Ability to participate in recreational activities with minimal personal assistance.
- Ability to take care of personal needs (i.e. hygiene, eating, mobility, medication, etc.)

Our Refund Policy

1. 100% refunds are issued when M-NCPPC/ECSAC cancels an activity.
2. All other refunds are subject to a 20% withdrawal fee except for within 24 hours of the original registration date.
3. Withdrawal from an activity may be processed at any facility or online AT LEAST 7 DAYS PRIOR to the activity start date.
4. Withdrawal from an activity must be processed at the offering facility if WITHIN 7 DAYS of the activity start date.
5. Refunds MUST be requested prior to the end of the course. Refunds will NOT be issued once the course has ended.
6. Refunds for trip withdrawals will be issued only if the spot can be resold.
7. No credits nor refunds will be issued for classes missed by the participant.
8. Cash refunds are not allowed.
9. Refunds may be immediately credited to your PARKS DIRECT account or be issued per original method of payment: as a credit on your credit card which can take 3 to 5 days to process or a check which can take 3 to 4 weeks to process.

Inclement Weather Policy and Closure – Get up to date information on M-NCPPC closures, cancellations and emergencies by text or email. Sign up today by visiting www.pgparcs.com/news/news-releases/pgparcs-alerts. You will need a mobile phone or an email address and your zip code to complete the registration.



NO SMOKING POLICY

In accordance with Maryland State Law, there is NO SMOKING on M-NCPPC Property. This includes vehicles, enclosed buildings and outdoors. Outdoor areas include facility grounds, parking areas, parks, picnic areas, ballfields, etc.

Evelyn Cole Senior Activity Center: Activities

ACTIVITY	LOCATION	DAYS	TIME	PARKS DIRECT #	FEE
Walking Club	Gym	<u>Tuesdays & Thursdays</u>	11:30 am -12 noon	N/A	FREE
Morning Fitness With LaShawn	Activity Room II	<u>Mondays & Fridays</u>	11:30am- 12 noon	N/A	FREE
Bingo	Activity Room II	<u>Tuesdays & Wednesdays</u>	12:45-1:45 pm	N/A	FREE
Crochet Club	Activity Room II	<u>Wednesdays</u>	11 am-12 noon	N/A	FREE
Line Dance Club	Activity Room I	<u>Thursdays</u>	1-2 pm	N/A	FREE
Games Board & Card Games	Activity Room I	<u>Mondays, Wednesdays & Fridays</u>	11 am- 1 pm	N/A	FREE
Pokeno	Activity Room II	<u>Mondays & Thursdays</u>	12:45-1:45 pm	N/A	FREE
Inspirational Hour	Activity Room II	<u>Mondays</u>	10:30-11:15 am	N/A	FREE

June 2026

Evelyn Cole Day
Activity Room I & II
FREE

Monday, June 1
11 am- 12:30 pm

Come out and celebrate Evelyn Cole Day, a special occasion dedicated to the incredible women whose name our center proudly carries. This afternoon will feature reflection and appreciation for Evelyn Cole's lasting impact on our community. Through stories, photos, and shared memories we will recognize her legacy of compassion, service, and dedication. If you wish to purchase an Evelyn Cole T-shirt pre-sale will be \$20. Payment must be made in advance. A sample shirt will be available in the ECSAC office for viewing.

Summer Vibes at Cosca Park
Clinton, MD
FEE \$15 (R); \$20 (NR)

Friday, June 5
11 am-3 pm

PARKS DIRECT CODE: ECSAC-20260605

Join us for a fun filled picnic at Cosca Park. We will provide hot dogs, hamburgers, condiments, paper products, water, and transportation. Feel free to bring your favorite side dishes and something to quench your thirst. Come ready to play games, enjoy nature and relax while spending a day in the park.

Info Session: Nailed It-Summer Footcare
Activity Room I & II
FREE

Monday, June 8
11 am-12 noon

Hot weather can be tough on your feet. Join us for information session on how to keep your feet healthy and comfortable during the summer months. The session will cover tips for preventing dryness, choosing the proper footwear, and improving circulation. Sign up for this session in **FREE Book** located in the ECSAC office.

CSSAC's Glee Club in Concert
Activity Room I & II
FREE

Wednesday, June 10
12 noon-1 pm

Come out and hear Camp Springs Senior Activity Center's Glee Club as the group will render a variety of musical selections showcasing talent, sharing good vibes, and celebrating community unity. Sign up for this session in **FREE Book** located in the ECSAC office.

Evelyn Cole Senior Activity Center: Activities & Special Events

Info Session: Retirement: Make Your Money Last

Activity Room I &II

FREE

This session facilitated by a representative from Edward Jones is designed to help clients and potential clients prepare to live the retirement they have envisioned. Attendees will learn investment strategies to help build a strategy to last throughout one's retirement years. In addition, you'll explore how to address key concerns such as inflation, health care expenses, and market volatility as well as ways to prepare in advance for things that may not go as expected. Sign up for this session in **FREE Book** located in the ECSAC office.

Tuesday, June 16

11 am- 12 noon

Info Session: Tech Savvy Seniors Workshop

Activity Room II

FREE:

PARKS DIRECT CODE: 14516-422A

Join this information session and become proficient with your smart devices to enhance your communication and social interaction. Become familiar with popular applications and online services that will help you manage your personal affairs, maintain your health, and stay connected with family and friends.

Wednesday, June 17

11 am -12 noon

Juneteenth Celebration

Activity Room I & II

FEE: \$15 (R); \$20 (NR)

PARKS DIRECT CODE: ECSAC-SPEC-GA-20260619

Celebrate freedom and culture at our joint Evelyn Cole and John E. Howard Juneteenth celebration. Join us for interactive fun. Feel the rhythm with an interactive bucket drumming experience, get on your feet with hype disc jockey **DJ Jeanette** as she will keep the celebration lively. Enjoy games, trivia, and prizes. Come out to honor and celebrate the significance of Juneteenth. Take part in a classic soul food lunch featuring wingettes, green beans, potato salad, a slice of cake, water, and iced tea. Register early!

Deadline to register is Friday, June 12.

Friday, June 19

11 am - 2pm

Gentleman's Gathering: Father's Day Edition

Activity Room I & II

FREE

Let's honor the men; Granddad, father, husband, son, and brother, uncle, cousin, friend. Come out and enjoy light refreshments, games, and fun activities. Seats are limited so register early. Sign up in the **FREE Book** located in the ECSAC office.

Monday, June 22

12:30-2:00 pm

Evelyn Cole Senior Activity Center: Activities & Special Events

Make Your Own Ice Cream

Wednesday, June 24

Activity Room I

12:00-1:30 pm

FREE

Make your own ice cream right in your seat. With the right simple ingredients and a bit of creativity, you can make your own flavorful ice cream. We will supply the ingredients to make this sweet treat. Sign up for this session in **FREE Book** located in the ECSAC office.

Painting on Pots

Tuesday, June 30

KD Room

11:30 am-1 pm

FEE \$10 (R); \$13 (NR)

PARKS DIRECT CODE: 15502-422A

Painting on post is a creative and rewarding DIY project that allows you to personalize your home décor. Whether you're looking to add a vibrant touch to your garden or enhance your indoor plant display. This creative project is fun and therapeutic. No experience necessary. If you are curious as to what a finished product looks like, stop by ECSAC to see a picture. Supplies are included in the fee.

July 2026

Info Session: Volunteers of America

Wednesday, July 8

Senior CommUnity Care of Maryland

11 am- 12 noon

Activity Room I & II

FREE

This informative session will cover all the benefits of comprehensive care including health and socials need for all residents who reside in Prince George's County known as Program of All-Inclusive Care for the Elderly, also called PACE provides a nursing level of care so that seniors can live safely in the community with the help of supportive services. Sign up in the **FREE Book** located in the ECSAC office.

Evelyn Cole Senior Activity Center: Activities & Special Events

ECSAC's Got Talent
Activity Room I & II
FREE

Friday, July 10
11:30 am-2 pm

Get ready to shine at ECSAC Got Talent. Whether you want to recite a poem, perform a dance or sing your favorite song, this is your time to shine and display your talent. Enjoy a fun filled event featuring karaoke with Nikki. Sign up in the **FREE Book** located in the ECSAC office.

Info Session: Outsmart the Scammers
Activity Room II
FREE

Monday, July 13
11 am-12 noon

Outsmart the Scammers seminar will discuss how to spot certain red flags that may indicate a fraudulent encounter, resources individuals can turn to in the event they or a loved one are targeted, and steps one can take now to help protect themselves and loved ones. Sign up in the **FREE Book** located in the ECSAC office.

Senior Line Dance Black and White Party
Martin's Crosswinds
Greenbelt, MD
FEE: \$45 (R); \$59 (NR)

Friday, July 17
9 am-12 noon
Doors open 8:30 am

PARKS DIRECT CODE: SPD-SPEC-GA-20260717

Don't miss this popular Senior Line Dance Party for seniors 60 or better! Enjoy an American fare breakfast, then slide on the dance floor for fun line dancing, fan clapping, laughter, to show off your dance moves! Registration is on a first-come basis. Tickets are **Not** sold at the door. You must have a Parks Direct account to register! Transportation is not provided. A physical receipt of purchase is required to receive your ticket. Don't forget to pick up a flyer for the ticket distribution schedule and locations. The receipt is not your ticket! For additional information call 301-408-4343.

Senior Line Dance Ticket Distribution Schedule

Center Location	Time	Dates
Camp Springs Senior Activity Center	9:30 am-3 pm	Wednesday, June 3 & 17
Cedar Heights	10 am-3 pm	Wednesday, June 10 & 24
Gwendolyn Britt Senior Activity Center	9:30 am-3 pm	Tuesday-Friday June 2-July 10
Hampton Park Senior Activity Center	10 am-3 pm	Tuesday, June 2 & 16
John E. Howard Senior Activity Center	9:30-3 pm	Thursday, June 11 & 25
Langley Park Senior Activity Center	9:30 am-3 pm	Tuesday-Friday June 2-July 10
Laurel Beltsville Senior Activity Center	10 am-4 pm	Thursday, June 4 & 18
SAARC Senior Program	10 am-3 pm	Monday, June 8 and 22

Evelyn Cole Senior Activity Center: Activities & Special Events

National Ice Cream Day
Activity Room I & II
FREE

Friday, July 24
11:30 am-12:30 pm

Walk up to the ice cream truck like a kid back in the day and get ready to indulge your sweet tooth on National Ice Cream Day, with a cool treat. We will have ice cream toppings to add to your free chocolate or vanilla ice cream cone or funnel cake. An M-NCPPC senior ID card is required. Sign up in the **FREE Book** located in the ECSAC office. Space is limited. **Deadline for signing up is Friday, July 17.**

August 2026

Info Session: Scams and Security
Activity Room II
FREE

Monday, August 3
11 am-12 noon

Outsmart the Scammers seminar will discuss how to spot certain red flags that may indicate a fraudulent encounter, resources individuals can turn to in the event they or a loved one is targeted, and steps one can take now to help protect themselves and loved ones. Sign up in the **FREE Book** located in the ECSAC office.

Bingofest
JEHSAC GYM
Capitol Heights, MD

Friday, August 7
9am- 2pm

FREE-Admission: With a donation of school supply items
PARKS DIRECT CODE: SPD-SPEC-GA-20260807A

Let's play BINGO! Win some great prizes and have lots of fun while supporting Prince George's County students by donating school supplies for elementary-aged children in need. A box lunch will be provided. A supply list of items needed will be available in July. Register early as space is limited. **Seat Pleasant Elementary** will be the recipient of the donated supplies.

Building A Legacy
Activity Room II
FREE

Monday, August 10
11 am-12 noon

Come hear from a licensed insurance professional on how to build more than just wealth and create a legacy. Learn practical, secure financial strategies designed to help what you build for years can benefit your family and generations to come. Sign up in the **FREE Book** located in the ECSAC office.

Evelyn Cole Senior Activity Center: Activities & Special Events

Swap & Shop
Activity Room I
FREE

Friday, August 14
11 am-1:30 pm

Refresh your wardrobe without spending a dime. Join us for our Swap and Shop. You will find gently used clothing, shoes, and accessories to exchange for new to you finds. While shopping, enjoy the bonus of a stylist on site who will help you mix and match pieces and put together a stylish new outfit just for you. **Be sure to drop off your gently used items in the ECSAC office by Monday, August 10.**

National Senior Citizens Day
Activity Room I & II
FREE

Monday, August 17
11:30 am-1:00 pm

We will celebrate National Senior Citizens Day and honor the wisdom, strength, and contributions of our dedicated patrons of ECSAC. We will show appreciation by sharing stories and simply say thank you to the seniors who participate in our program. A sweet treat and a beverage will be served. Sign up in the **FREE Book** located in the ECSAC office.

Info Session: Adult Services
Activity Room II

Monday, August 24
11 am-12 noon

Join us for an informative session with Adult Protective Services to learn how they support and protect vulnerable adults in the community. This session will provide valuable information on recognizing signs of abuse, neglect, and exploitation as well as how to report concerns and access resources. Sign up in the **FREE Book** located in the ECSAC office.

Summer Sensations Cookout
JEHSAC
FEE \$20 (R); \$26 (NR)

Friday, August 28
12-3 pm

PARKS DIRECT CODE: JEHSAC-SPD-GA-20260828

Join us for a joint midday cookout! We will enjoy some of your favorite cookout food, cold drinks, games, prizes and a live DJ to make you dance, bob your head, and tap your feet. Register early as space is limited. You don't want to miss this sizzling summer event. Fee includes food, beverages, and a sweet treat.

Deadline for registering is Monday, August 17.

Evelyn Cole Senior Activity Center: Trips

Trip Information

For your information, we have included the type of vehicle provided on our trips; however, it is not guaranteed and may be changed. Here are some of the vehicles we use:

- M-NCPPC activity bus-small activity bus that seats 12-13 adult passengers
- Commission bus-large (28 passenger)
- Charter bus-a private company is contracted to provide a bus (typically, 40-50 passengers).

DISCLAIMER: A transportation waiver must be signed prior to participate in trips.

Trip Refund Policy

- No refunds unless the trip is canceled or unless the spot is resold. The trip coordinator must approve and process all refunds. Trips depend on the sufficient registration; specific registration deadlines apply.



When you see these feet, it means the trip involves a lot of walking.

The 35th Annual Strawberry Festival



Finksburg, MD

Fee: \$15 (R); \$20(NR)

PARKS DIRECT CODE: ECSAC-20260606

Enjoy a wide variety of activities and entertainment including strawberry theme treats, live music and performances, crafts, vendors, and interactive fun. Fee includes transportation on an M-NCPPC activity bus.

Saturday, June 6

9 am - 5 pm

Topolino Restaurant

Camp Springs, MD

Fee: \$10 (R); \$13(NR)

PARKS DIRECT CODE: ECSAC-20260612

Check out this Italian and American cuisine that is known for a diverse menu. Buon appetito! Fee includes transportation on an M-NCPPC activity bus.

Friday, June 12

10 am- 3pm

Evelyn Cole Senior Activity Center: Trips

Ohio Players at the Birchmere
Alexandria, MD

Saturday, June 20
5pm-11 pm

Fee: \$110 (R); \$143 (NR)

PARKS DIRECT CODE: ECSAC-20260620

Sign up and take a ride back to the street funk and underground R & B and the Ohio Players will bring their signature sound to the stage and perform their classic hits like **One of the Fire, Love Roller Coaster, Heaven Must Be Like This and I Want To Be Free** to name a few. An evening to have you snapping fingers, clapping your hands, and patting your feet. Fee includes admission and transportation.

Mike's Restaurant & Crabhouse
Riva, MD

Tuesday, June 23
10 am-2 pm

FEE: \$12 (R); \$15(NR)

PARKS DIRECT CODE: ECSAC-20260623

Located by the composed waters of the South River, this waterside eatery specializes in succulent seafood specialties. Made famous for their toothsome Maryland-style crab dishes, it serves its crabs in the authentic Chesapeake Bay style to deliver an exceptional dining experience. Choose from an inviting menu of some of the town's best crab cakes, lobsters, oysters and more. Fee includes transportation on an M-NCPPC activity bus. Lunch at your own expense.

Movie Day at Xscape
Brandywine, MD

Monday, July 6
9:30 am - 3 pm

FEE: \$10 (R); \$13(NR)

PARKS DIRECT CODE: ECSAC-20260706

Join us for a relaxing day at the movies. Sit back in reclining seats and enjoy a great movie. Don't forget to grab some hot buttery popcorn and your favorite snack from the concession stand at your own expense. Fee includes transportation on a M-NCPPC activity bus.

Abner's Crabhouse and Gaming
Chesapeake Beach, MD

Tuesday, July 14
9 am-3 pm

FEE: \$15 (R); \$20 (NR)

PARKS DIRECT CODE: ECSAC-20260714

Get ready for a fun filled day as we head to a favorite local restaurant known for its fresh seafood, casual atmosphere and exciting game room. Meal and gaming expenses on your own. Fees include transportation on an M-NCPPC activity bus.

Evelyn Cole Senior Activity Center: Trips

**Reading Terminal Market
Philadelphia, PA**



**Thursday, July 16
7 am-6:30 pm**

FEE: \$40 (R); \$52 (NR)

PARKS DIRECT CODE: ECSAC-20260716

Enjoy a fun day trip to Philly! Spend the day exploring at your own pace visiting museums and cultural attractions within walking distance from Reading Terminal Market- Museum of Illusions, African American Museum in Philadelphia, to name a few as well as The Liberty Bell & Independence Hall. After sightseeing, enjoy lunch from the many delicious food options at Reading Terminal Market. **This trip involves a lot of walking, so comfortable walking shoes are strongly recommended.** All activities and lunch are at your own expense. Fee includes transportation on a charter bus. Snacks will be provided.

**Shop, Stroll and Play Day Trip to Atlantic City
Atlantic City, NJ**



**Wednesday, July 22
6:30 am- 8:30 pm**

FEE: \$80(R); \$104(NR)

PARKS DIRECT CODE: ECSAC-20260722


Hop aboard the bus and escape for a fun-filled day at Atlantic City. This getaway offers something for everyone. Try your luck at the casino or just have lunch and enjoy shopping and the boardwalk. It's a day trip for fun and adventure. Activities are at your own expense. Fees include transportation on an air-conditioned single-bathroom-charters bus and a snack bag.

Parks Direct Code	Departure Time	Return Time	Departure/Return Location
SAARC-20260722	6:30 am	8 pm	Southern Area Aquatics & Recreation Complex 13601 Missouri Avenue – Brandywine, MD
CSSAC-20260722	7:00 am	7:30 pm	Camp Springs Senior Activity Center 6420 Allentown Road – Camp Springs, MD
ECSAC-20260722	8:00 am	7 pm	Evelyn Cole Senior Activity Center 5720 Addison Rd – Seat Pleasant, MD

Evelyn Cole Senior Activity Center: Trips

The Mall in Columbia Shopping Spree  **Thursday, August 13**
FEE: \$10 (R); \$13(NR) **9:30 am- 3 pm**
PARKS DIRECT CODE: ECSAC-20260818

Enjoy a fun-filled shopping spree at the mall. Find great deals and treat yourself to something special. Catch a movie and or grab a bite to eat in the food court or at a restaurant.

United States Holocaust Memorial Museum  **Tuesday, August 18**
FEE: \$10 (R); \$13(NR) **9:30 am- 3 pm**
PARKS DIRECT CODE: ECSAC-20260818

Tag along with us for a meaning trip to the museum as we will explore powerful exhibits that honor the memory of Holocaust victims. We will enjoy lunch at a local restaurant following the visit.

Dutch County Farmer's Market and Thrifting  **Friday, August 21**
FEE: \$10 (R); \$13(NR) **9 am- 3 pm**
PARKS DIRECT CODE: ECSAC-20260821

Wander through the aisles of the Dutch Market filled with homemade baked goods, fresh produce, and meats. Then we will dive into the thrill of thrifting, scouting out vintage gems. Come along and shop till you drop. Fee includes transportation on a M-NCPPC activity bus.

Evelyn Cole Senior Activity Center Corner

IMPORTANT PHONE NUMBERS

Senior Nutrition/Transportation	301-265-8475
Legal Aid	301-927-6800
Department of Family Services	301-265-8400
Seniors County Information	301-265-8400
Medicare Information	800-233-1124
Call-A-Bus	301-499-8603

Senior Nutrition Program

The Senior Nutrition Program

The Senior Nutrition Program operated by the Prince George's County Department of Family Services, Area Agency on Aging, offers a nutritionally balanced lunch at this center to individuals who are 60 or better.

Lunches are offered at ECSAC on:

- **Mondays through Fridays**
12 noon-12:30 pm.

Meal registration: Call the Department of Family Services, Aging Services Division at (301) 265-8475.

You must register at least one day in advance. The suggested donation is \$5.00. If you need to cancel your meal, please do so at least two days in advance.

Please bring exact change to cover your donation.

Transportation registration: call the Department of Public Works & Transportation Intake line at (301) 499-8603.

Note: There will be no lunch program when Prince George's County schools have a delayed opening or are closed due to inclement weather conditions.

Reminder: Lunch is subject to change depending on the Office on Aging's schedule.

For Your Information

Moved? Number changed?

From time to time, please stop at the office and make sure your personal information is correct. Let us know if you have any changes including emergency contact names and phone numbers.

Volunteer Opportunities

Do you have a special skill or talent you would like to share with others? Would you like to teach classes to seniors at the Evelyn Cole Senior Activity Center? If so, give us a call on (301) 386-5525.

Inclement Weather Policy and Closures

Trip refunds will only be available if your registration is replaced by someone on the waitlist. If you cancel your reservation, please contact the center staff as soon as possible.