



2026 Cycling Seniors Club **SPRING** Ride Schedule

Cycling is a full body and mind exercise! Join the Park Rangers and the **Cycling Seniors** Cycle Club this ride season! We have rides for both new and more experienced riders. Please bring your own bicycle and helmet.. A waiver of liability will need to be signed. **This program is FREE for Prince George's County Residents only, 60 years of age and better!** Club rides will generally take place on 3rd Wednesday of each month – April through October.

To Register: www.pgparksdirect.com

Search by activity code: 17549 the easiest way to find the club rides or key word "cycling".
Spring registration begins on Wednesday, February 11, 2026

Wednesday, April 15

Washington, Baltimore & Annapolis (WB&A) Trail 9-11:30 am

PARKS DIRECT ACTIVITY CODE: 17549-278

Arrive: 9 am; push off at 9:30 am

**Meet/Ride Begins: Glenn Dale Community Center
11901 Glenn Dale Blvd. Glenn Dale, 20769**

This flat and paved trail extends from Route 450 in Glenn Dale, running northeasterly to the Patuxent River. This trail is appropriate for beginner and intermediate cyclists. We will be riding a total of approximately 12 miles. This ride is appropriate for beginner and intermediate cyclists. For those who want further mileage and a challenge, can take the bridge over to Anne Arundel County and ride to Odenton. The connection is appropriate for intermediate and advanced cyclists who can navigate a steep hill.

Wednesday, May 20

Lake Artemesia/Paint Branch Trail/Anacostia River Trail, 9 – 11:30 am

PARKS DIRECT ACTIVITY CODE: 17549-278A

Arrive: 9 am; push off at 9:30 am

**Meet/Ride Begins: Lake Artemesia, Berwyn Rd & 55th Ave
Berwyn Heights, College Park, MD 20740**

This ride will start at Lake Artemesia and we will ride to the Aquatic Gardens along the Paint Branch and Anacostia River trails approximately 14 miles round trip. This trail is flat/paved with several road crossings, inclines and is appropriate for beginner and intermediate cyclists.