



February



CHOICES.

Choose Hands-on Opportunities,
Integrating into Community,
Empowering Self-Direction

Mon	Tues	Wed	Thurs	Fri
Feb 2 <u>KiloMEETers</u> Palmer Park Community Center <u>Karaoke</u> Palmer Park Community Center	Arts on a Roll 3 Bowie Community Center <u>Water Walkers</u> Theresa Banks Memorial Aquatics Centers	4 <u>Group Fitness</u> <u>Classes</u> Sports & Learning Complex	5 <u>Gaming Club</u> Deerfield Run Community Center	6 <u>No-Bake</u> <u>New Year</u> Palmer Park Community Center
9 <u>KiloMEETers</u> Palmer Park Community Center <u>Puzzle Mania!</u> Palmer Park Community Center	10 <u>Zumba</u> Palmer Park Community Center <u>Water Walkers</u> Theresa Banks Memorial Aquatics Centers	11 <u>Group Fitness</u> <u>Classes</u> Sports & Learning Complex	12 <u>Gaming Club</u> Deerfield Run Community Center	13 <u>TRIM: Valentine's</u> <u>Day Trivia</u> Palmer Park Community Center
16 President's Day	17 <u>Water Walkers</u> Theresa Banks Memorial Aquatics Centers	18 <u>Group Fitness</u> <u>Classes</u> Sports & Learning Complex	19 <u>Gaming Club</u> Deerfield Run Community Center	20 <u>TRIM: Candle</u> <u>Making</u> Glen Dale Community Center
23 <u>KiloMEETers</u> Palmer Park Community Center <u>TRIM: BHM Trivia</u> Palmer Park Community Center	24 <u>Bingo</u> Hillcrest Heights Community Center <u>Water Walkers</u> Theresa Banks Memorial Aquatics Centers	25 <u>Group Fitness</u> <u>Classes</u> Sports & Learning Complex	26 <u>Gaming Club</u> Deerfield Run Community Center	27 <u>Movie & Popcorn</u> Kentland Community Center

Parks & Recreation CHOICES is a resource developed for Prince George's County adult residents with developmental and intellectual disabilities.

With a focus on weekday, daytime opportunities, learn all that Parks & Recreation has to offer. Sign up, get involved, and give a new activity a try!

To register for CHOICES activities, visit pgparksdirect.com and enter Activity Code: 25419

For more information on programs/events listed in this resource calendar, email: CountywideTRPrograms@pgparks.com

Register for CHOICES
Activities HERE:



Note: Activities listed in this calendar are subject to change.
For the most up-to-date information, visit pgparksdirect.com



Department Happenings



live more, play more
pgparks.com

Community Center Pass

Provides access to facility and FREE Amenities

Adult - 1 year- \$45

Senior - 1 year- FREE

CC + Fitness Pass

Provides access to facility and Fitness Centers

Adult - 1 year/3 months/1 week- \$125/\$45/\$25

Senior - 1 year- FREE

TR: AquaTone

Southern Area Aquatics Rec Complex

13601 Missouri Avenue

Brandywine, 20613

January 15, 2026 - February 19, 2026

Cost: \$30

11-11:45am

Registration Code: [25414-178C](#)

The Department of Parks and Recreation offers many daytime, weekday activities perfect for self-directed individuals and their caregivers/aides.

Click the event or scan the QR code for more info.

Special Programs Division
Front Desk: 301-446-3400
Maryland Relay 7-1-1

TR: AquaFit

Southern Area Aquatics Recreation Complex

13601 Missouri Ave

Brandywine, 20613

January 15, 2026 - February 19, 2026

Cost: \$30

11AM - 11:45am

Registration Code: [25414-178C](#)

TR: AquaFit

Fairland Aquatics Center

13950 Old Gunpowder Road

Laurel, 20707

December 9, 2025- February 17, 2026

Cost: \$50

10AM - 10:45am

Registration Code: [25420-178C](#)

TR: Drum-N-Tone

Lakeland/College Park Community Center

5051 Pierce Ave

College Park, 20740

January 20, 2026 - February 24, 2026

Cost: \$30

6:30 PM - 7:30 PM

Registration Code: [25612-178A](#)

TR: AquaTone

Theresa Banks Memorial Aquatic Center

8615 McLain Ave

Glendarden 20706

Tuesdays & Thursday

February 3, 2026 - February 26, 2026

3 - 3:35PM

Fee: \$30

Registration Code: [25417-178AA](#)

Parks Direct Classes
& Events HERE:

