



January

2026

CHOICES.

**Choose Hands-on Opportunities,
Integrating into Community,
Empowering Self-Direction**

Mon	Tues	Wed	Thurs	Fri
Jan 5 <u>KiloMEETers</u> Palmer Park Community Center <u>Karaoke</u> Palmer Park Community Center	6 <u>Arts on a Roll</u> Bowie Community Center	7 <u>Group Fitness</u> <u>Classes</u> Sports & Learning Complex	8 <u>Gaming Club</u> Deerfield Run Community Center	9 <u>TRIM</u> Glen Dale Community Center
12 <u>KiloMEETers</u> Palmer Park Community Center <u>Puzzle Mania!</u> Palmer Park Community Center	13 <u>Zumba</u> Palmer Park Community Center	14 <u>Group Fitness</u> <u>Classes</u> Sports & Learning Complex	15 <u>Gaming Club</u> Deerfield Run Community Center	16 <u>No-Bake</u> <u>New Year</u> Palmer Park Community Center
19 <u>KiloMEETers</u> Palmer Park Community Center <u>Dance Off</u> Palmer Park Community Center	20 <u>TRIM</u> Lakeland Community Center	21 <u>Group Fitness</u> <u>Classes</u> Sports & Learning Complex	22 <u>Gaming Club</u> Deerfield Run Community Center	23 <u>TRIM</u> Glen Dale Community Center
26 <u>KiloMEETers</u> Palmer Park Community Center <u>Karaoke</u> Palmer Park Community Center	27 <u>Bingo</u> Hillcrest Heights Community Center	28 <u>Group Fitness</u> <u>Classes</u> Sports & Learning Complex	29 <u>Gaming Club</u> Deerfield Run Community Center	30 <u>Movie & Popcorn</u> Kentland Community Center

Parks & Recreation CHOICES is a resource developed for Prince George's County adult residents with developmental and intellectual disabilities.

With a focus on weekday, daytime opportunities, learn all that Parks & Recreation has to offer. Sign up, get involved, and give a new activity a try!

To register for CHOICES activities, visit pgparksdirect.com and enter Activity Code: 25419

For more information on programs/events listed in this resource calendar, email: CountywideTRPrograms@pgparks.com

**Register for CHOICES
Activities HERE:**



Happy New year!

Note: Activities listed in this calendar are subject to change. For the most up-to-date information, visit pgparksdirect.com

Department Happenings 2026



live more, play more
pgparks.com

Community Center Pass

Provides access to facility and FREE Amenities

Adult - 1 year- \$45

Senior - 1 year- FREE

CC + Fitness Pass

Provides access to facility and Fitness Centers

Adult - 1 year/3 months/1 week- \$125/\$45/\$25

Senior - 1 year- FREE

TR: AquaTone

Southern Area Aquatics Rec Complex

13601 Missouri Avenue

Brandywine, 20613

January 15, 2026 - February 19, 2026

Cost: \$30

11-11:45am

Registration Code: [25414-178C](#)

TR: AquaFit

Southern Area Aquatics Recreation Complex

13601 Missouri Ave

Brandywine, 20613

January 15, 2026 - February 19, 2026

Cost: \$30

11AM - 11:45am

Registration Code: [25414-178C](#)

TR: AquaFit

Fairland Aquatics Center

13950 Old Gunpowder Road

Laurel, 20707

December 9, 2025- February 17, 2026

Cost: \$50

10AM - 10:45am

Registration Code: [25420-178C](#)

TR: Drum-N-Tone

Lakeland/College Park Community Center

5051 Pierce Ave

College Park, 20740

January 20, 2026 - February 24, 2026

Cost: \$30

6:30 PM - 7:30 PM

Registration Code: [25612-178A](#)

TR: Tai Chi

College Park Community Center

5051 Pierce Ave, College Park, 20740

December 3, 2025- January 14, 2026

6:30PM - 7:30PM

Fee: \$25

Registration Code: [25417-178A](#)

The Department of Parks and Recreation offers many daytime, weekday activities perfect for self-directed individuals and their caregivers/aides.

Click the event or scan the QR code for more info.

Special Programs Division
Front Desk: 301-446-3400
Maryland Relay 7-1-1

**Parks Direct Classes
& Events HERE:**



Happy New Year!