

Gwendolyn Britt Senior Activity Center

WINTER 2025/2026 CALENDAR



DECEMBER, JANUARY, and FEBRUARY

Hours of Operation - Monday-Friday 9 am - 3:30 pm

Please note the center will be closed on: **Thursday, December 25**
Thursday, January 1

Face Masks are Encouraged!

WINTER REGISTRATION

- Registration begins Wednesday, November 12 for Residents (R).
- Registration begins Wednesday, November 19 for Non-Residents (NR)
- Winter Classes – Register early! **Virtual classes are available.** Classes fill on a first come, first serve basis.
- Don't Wait and Be Too Late! Register at least one week prior to the class start date! A minimum number of registrants are required for programs to be held.
- See refund policy on the next page.
- A fee assistance program is available for residents who need financial help to participate in our classes that have a fee greater than \$35. Based on income and family size, fee reduction may be available. Visit our website or ask center staff for details.

DISABILITY ACCOMMODATIONS

M-NCPPC, Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register at least a minimum of two weeks in advance of the program start date to request and receive a disability modification. **To contact the Program Access office directly, call 301-249-7200 (Maryland Relay 7-1-1) or email program.access@pgparks.com**

4009 Wallace Road • North Brentwood, Maryland 20722

Phone: 301-699-1238 Fax: 301-699-2078 TTY: 301-699-2544

Gwendolyn Britt Senior Activity Center – Important Information

Our Refund Policy:

- 100% refunds are issued when M-NCPPC cancels a class.
- All other refunds are subject to a 20% administration fee.
- All withdrawals/refunds must be processed by the facility offering the activity.
- Refunds will **NOT** be issued once the course has ended.
- Credits nor refunds will be issued for classes missed by the participant.
- The Senior Activity Center Director must approve all requested refunds.
- Trip refunds will only be issued if the spot is resold.
- Cash refunds are not allowed.
- Refunds may be immediately credited to your PARKS DIRECT account or be issued by the original method of payment, like a credit card which can take 3 to 5 days to process or as a check which can take 3 to 4 weeks to process.

Trip Transportation:

For your information, we include the mode of transportation used for our trips. Please note, the mode of transportation is subject to change. Here are the vehicles we use:

- M-NCPPC Activity Bus – 12-15 passenger white or tan bus
- Commission Bus – Large 24 passenger bus
- Motor Coach Bus – 40-50 passenger bus with restroom

Trip Information:

All trip registrants are expected to return with the group to the center or fill out a release form. **NO REFUNDS** unless the trip is canceled or unless the spot is resold. The trip coordinator must approve and process all refunds. Trips depend on sufficient registration; specific registration deadlines may apply.

 Note: When you see these feet with a trip or activity, it means there will be a lot of walking.



Langley Park/Gwendolyn Britt Senior Activity Centers

Virtual Classes

PIANO ADVANCE	<u>Tues & Thurs</u> Dec 2-18 (31541-130D) Jan 6-29 (31541-130E) Feb 3-26 (31541-130F)	11:30 am - 12:30 pm (3-week session)	\$68 (R) \$89 (NR) \$51 (R) \$67 (NR)
PIANO INTERMEDIATE	<u>Tues & Thurs</u> Dec 2-18 (31538-130A) Jan 6-29 (31538-130B) Feb 3-26 (31538-130C)	1 pm - 2 pm (3-week session)	\$68 (R) \$89 (NR) \$51 (R) \$67 (NR)
PIANO BEGINNER	<u>Tues & Thurs</u> Dec 2-18 (31526-130A) Jan 6-29 (31526-130B) Feb 3-26 (31526-130C)	10 am - 11 am (3-week session)	\$68 (R) \$89 (NR) \$51 (R) \$67 (NR)
HOME PROJECTS	<u>Wednesdays</u> Jan 7-28 (31523-130B) Feb 4-25 (31523-130C)	10 am - 11 am	\$26 (R) \$34 (NR)
BINGO	<u>Fridays</u> Dec 5-19 (31510-130D) Jan 9-30 (31510-130F) Feb 6-27 (31510-130G)	12 noon - 1 pm (3-week session)	\$20 (R) \$26 (NR) \$15 (R) \$20 (NR)
PIANO BEGINNER LEVEL 1	<u>Mon & Wed</u> Dec 1-17 (31526-144A) Jan 5-28 (31526-144B) Feb 2-25 (31526-144C)	9:30 am – 10:30 am (3-week session)	\$68 (R) \$89 (NR) \$51 (R) \$67 (NR)



DECEMBER 2025

Memory Health Screening FREE

**Monday, December 1
12 pm - 1 pm**

Memory Screening Screenings consist of a face-to-face meeting with a qualified screener and includes a series of questions and tasks that will take about 10 minutes. Participants will receive their results and information. To schedule a screening, please sign up at the senior center.

Cow Town Farmers Market, Southern, NJ \$78 (R); (NR) \$102



**Tuesday, December 9
8 am - 5 pm**

PARKS DIRECT code: GBSAC- 20251209

Cow Town Farmers Market is a large indoor & outdoor flea market that is full of great discounts, shopping, & delicious food vendors. Join us for an enjoyable day of fun and Holiday Shopping!! Meals at your own expense. Transportation provided by a Charter Bus.

SENIOR HOLIDAY CONCERT Laurel-Beltsville Senior Activity Center \$10 (R); \$13 (NR)

**Friday, December 12
10:30 am - 12 pm**

Doors Open: 10:15 am

Ticket Code: SPE-SPEC-GA-20251212

Get ready to kick off the holidays in style with an unforgettable Senior Holiday Concert. Music provided by Bencore Entertainment featuring the incredible vocalist Ameya Taylor. The soulful sounds and holiday favorites are sure to have you singing and feeling the joy of the season.

Register early, seating is limited. **Transportation provided by Gwendolyn Britt Senior Activity Center using Parks Direct code: GBSAC-20251212. Leaving from GBSAC at 10 am. Transportation Fee: \$10(R); \$13 (NR) NOT INCLUDED IN TICKET PRICE.** Meals at your own expense.

Lights by the Bay, Annapolis, MD \$20 (R); \$26 (NR)

**Tuesday, December 16
3:30 pm to 9 pm**

PARKS DIRECT code: GBSAC-20251216

Enjoy three miles of spectacular whimsical lights and celebrate the magic of the season featuring dazzling displays with more than 2.5 million LED lights throughout the park and a giant, 54-foot LED musical tree and much more. Don't forget your 3D glasses to get the full experience of this amazing light show. Meals at your own expense. Transportation provided.

A Holiday Give Away FREE

**Thursday, December 18
12 pm - 1:30 pm**

As the seasons change, we are sharing some of our center decorations that you have enjoyed over the years. Sign your name on the list provided by the item you are interested in receiving. One item per person while supplies last. Registration is required for this event by Wednesday, December 17. You must be present to win. Light refreshments served.



JANUARY 2026

Bon Appetite: Famous Daves, Laurel, Maryland

\$15 (R); \$20 (NR)

PARKS DIRECT code: GBSAC-20260108

Enjoy a scrumptious meal that will make your tastebuds say, “mm good! The award-winning Baby Back Ribs and new Backyard Burgers are a must try, you won’t be disappointed. Meals at your own expense. Transportation provided.

Thursday, January 8

10:30 am - 3 pm

Soup For the Soul

PARKS DIRECT code: GBSAC-SPEC-GA-20260113

We all love Soup! A hot bowl of soup is cozy and warm for the winter months. Sit back and enjoy the melodious sounds of jazz with your GBSAC family. Register early! Spaces are Limited.

Tuesday, January 13

11 am - 2 pm

“I AM MLK JR ” (Documentary)

\$10 (R); \$13 (NR)

PARKS DIRECT code: GBSAC-SPEC-GA-20260116

Dr. King traveled and preached to many during the Civil Rights Movement. This documentary sheds light on his contributions and leadership. Let’s celebrate what we know and love about Dr. King.

Friday, January 16

10 am - 11:30 am

Battling the Aging Brain

FREE

Learn the changes you can expect and how to keep your brain healthy. Please sign up at the Customer Service Desk.

Monday, January 19

12 pm - 1 pm

Dollar Tree and Amish Market, Laurel, Maryland

\$15 (R); \$18 (NR)

PARKS DIRECT code: GBSAC-20260128

Do a little shopping at the Dollar Tree, they offer a variety of useful items at an incredibly low price. The Amish Market is a great place to get your favorite produce, desserts, meats, and lots of other goodies. Let’s have fun hanging out together.

Wednesday, January 28

10 am - 3 pm



FEBRUARY 2026

Black History in Motion

\$10(R); \$13 (NR)

PARKS DIRECT: PGPP-SPEC-GA-20260205

Thursday, February 5

11 am - 12:30 pm

Doors open at 10:15 am

Join us on a journey through the American experience recognizing the contributions of African Americans to U.S. history and culture. Enjoy the crowd-thrilling musical experience of The Exclusives, one of the hottest bands in the DMV! They will deliver an unforgettable musical experience spanning the greatest hits from the '60s to today. Get ready to dance, sing along, and be impressed by a band that knows how to keep the party going! Tickets may be purchased at pgparks.com, the Publick Playhouse, any Senior Activity Center, or any M-NCPPC Facility. **A printout of your ticket(s) is required for admission to the concert.** The Publick Playhouse is located at 5445 Landover Road, Cheverly, MD 20784. Register early, seating is limited.

Transportation provided by Gwendolyn Britt Senior Activity Center using Parks Direct code: GBSAC-20260205. Leaving GBSAC at 10 am.

Transportation Fee: \$10(R); \$13 (NR) NOT INCLUDED IN THE CONCERT TICKET PRICE. Meals at your own expense.

Make It and Take It

Free

Friday, February 13

12 pm - 2 pm

Valentines Day is a day for LOVE! Wear your PINK, RED, or WHITE! We will make gifts to show love for ourselves, family & friends. Enjoy light refreshment with a cup of hot tea. Register at the Customer Service Desk.

Living Healthy to 100

FREE

Monday, February 16

12 pm - 1 pm

Discuss life expectancy, the process of aging, and how to live your best life longer. Please sign up at the front desk.

Arundel Mills Shopping, Hanover, MD

\$15 (R); \$20 (NR)

PARKS DIRECT code: GBSAC-20260224

Tuesday, February 24

10 am - 3 pm

There are over 100 stores to do some great shopping. After shopping visit the food court and enjoy a variety of delicious meals. Meals at your own expense. Transportation provided.



Gwendolyn Britt Senior Activity Center – ACTIVITIES

LET'S HAVE FUN AND WIN A PRIZE!

BINGO (12:30 pm - 1:30 pm)

TUESDAYS, Dec 2-16 (26504-530D) \$15 (R); \$20 (NR) (3-week session)

TUESDAYS, Jan 6-27 (26504-530E) \$20 (R); \$26 (NR)

TUESDAYS, Feb 3-24 (26504-530F) \$20 (R); \$26 (NR)

TAP INTO YOUR CREATIVITY!

ARTS & CRAFTS (12:30 pm - 2 pm)

THURSDAYS, Dec 4-18 (15502-530D) \$20 (R); \$26 (NR) (3-week session)

THURSDAYS, Jan 8-29 (15502-530E) \$26 (R); \$34 (NR)

THURSDAYS, Feb 5-26 (15502-530F) \$26 (R); \$26 (NR)

REFRESHMENTS INCLUDED!

MOVIE DAY (12:30 pm - 2:30 pm)

Friday, February 20, 2026

GBSAC-SPEC-GA-20260220 - \$12 (R), \$16 (NR)

SENIOR SHAPE – EXERCISE CLASS AND BLOOD PRESSURE SCREENING - FREE

TUESDAYS

WALKING (11 am - 12 pm) / Take a walk with us

PICKLE BALL - Equipment provided (9 am - 10:30 am)
(you must sign up at the front desk)

WEDNESDAYS

GAME DAY (12 pm - 3 pm) / Dominoes, Spades, Trouble, Uno, Pokeno, and others!

SENIOR SHAPE EXERCISE CLASS (11:30 am - 12:15 pm)

THURSDAYS

WALKING (10 am - 11 am) / Take a walk with us

FRIDAYS

GAME DAY (12:30 pm - 3 pm) / Dominoes, Spades, Trouble, Uno, Pokeno, and others!



SENIOR SHAPE – EXERCISE CLASS AND BLOOD PRESSURE SCREENING - FREE

Senior Shape Exercise Class Sponsored by: NIH Heart Center at Suburban Hospital	Multi-purpose Room A	<u>Wednesday</u> Dec 3-31 Jan 7-28 Feb 4-25	11:30 am - 12:15 pm Wednesday, December 24 (NO CLASS)	Free
Blood Pressure Screenings	Multi-Purpose Room A	<u>Wednesday</u> Dec 3 Jan 7 Feb 4	12:30 pm - 1:15 pm	Free

AARP Smart-Driver Courses

Monday, December 8	10 am - 3 pm
Friday, January 9	10 am - 3 pm
Friday, February 20	10 am - 3 pm

Tune up your driving skills and update your knowledge about rules of the road. Learn about normal age-related physical changes, and how to adjust your driving to allow for these changes. Contact Lisa Pizarro (646-725-0100) to register and pay for the course.

SENIOR SMARTRIP INFORMATION



WMATA SENIOR SMARTRIP CARDS – NO LONGER SOLD AT GWENDOLYN BRITT SENIOR ACTIVITY CENTER.

FOR MORE INFORMATION ON HOW TO PURCHASE A SMARTRIP CARD VISIT
www.wmata.com/fares/smartrip

IMPORTANT PHONE NUMBERS



Senior Nutrition/Transportation	301-265-8475
Legal Aid	301-927-6800
Department of Family Services	301-265-8401
Seniors County Information	301-265-8450
Medicare Information	800-633-4227
Call-A-Bus	301-499-8603

SENIOR NUTRITION PROGRAM

The Senior Nutrition Program is offered Tuesdays and Wednesdays here at Gwendolyn Britt featuring a healthy, well-balanced meal by the Prince George's County Department of Family Services. Individuals who are 60 & better can reserve a meal by contacting our Nutrition Manager, Barbara Goldsmith, on 301-277-4231 or by stopping by the kitchen or by calling the Department of Family Services, Aging Services Division at (301) 265-8475.

You must register at least one day in advance. The suggested donation is \$4.00. If you need to cancel your meal, please do so at least two (2) days in advance with Nutrition Manager Barbara Goldsmith, at 301-277-4231. Please bring exact change to cover your donation.

Transportation: Transportation services can be reserved directly by the Seniors. They must call DPW&T Intake line (301) 499-8603 to reserve their transportation ride to the Senior Center and must participate in the lunch program in order to be transported.

Note: There will be no lunch program when Prince George's County schools have a delayed opening or are closed due to inclement weather conditions.

Reminder: Lunch is subject to change depending on the Aging Services Division Office schedule.

FOR YOUR INFORMATION

Moved? Number changed?

Update Your Information

From time to time, please stop at the office and make sure your personal information is correct. Let us know if you have any changes including emergency contact names and phone numbers.

Volunteer Opportunities

Do you have a special skill or talent you would like to share with others? Would you like to teach classes to seniors here at the Gwendolyn Britt Senior Activity Center? If so, give us a call on (301) 699-1238.

NO SMOKING POLICY

In accordance with Maryland State Law, there is **NO SMOKING on M-NCPPC property**. This includes vehicles, enclosed buildings and outdoors. Outdoor areas include facility grounds, parking areas, parks, picnic areas, ballfields, etc.

WEATHER POLICY



Sign up for PG Parks Alerts and get the latest information on M-NCPPC closings due to weather, facility maintenance and other emergencies. Visit our website at www.pg parks.com today!