

GLENN DALE COMMUNITY CENTER
11901 GLENN DALE BLVD., GLENN DALE 20769
301-352-8983; GlennDaleCC@pgparks.com

HAND DANCE

WITH MR. HOWARD

ADULTS, BEGINNER

MONDAYS

7:30 pm - 8:30 pm

AGES 18 & OVER

\$30 RESIDENT; \$39 NON RESIDENT

What has the DC area moving to the beat? It's Hand Dance ... Merging swing, contemporary, and R&B dance styles. We will teach you basic steps to this hot dance craze. The moves you learn will not only be fun will help you exercise your way to a healthier life.

Activity Code

Dates

#23401 - 127A

1/5/26 - 2/9/26

DROP IN \$5



Connect with us!

@pgparks



- The Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register a minimum of two weeks prior to the program start date to request and receive a disability modification.
- Customers who are deaf, hard of hearing, or have a speech disability, call Maryland Relay 7-1-1.
- Language interpretation is available at all facility front desks. Please ask for assistance.

GLENN DALE COMMUNITY CENTER
11901 GLENN DALE BLVD., GLENN DALE 20769
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HAND DANCE

WITH MR. HOWARD

ADULTS, INTERMEDIATE

THURSDAYS

7 pm - 8:30 pm

AGES 18 & OVER

\$30 RESIDENT; \$39 NON RESIDENT

What has the DC area moving to the beat? It's Hand Dance ... Merging swing, contemporary, and R&B dance styles. We will teach you basic steps to this hot dance craze. The moves you learn will not only be fun will help you exercise your way to a healthier life.

Activity Code

Dates

#23419-127A

1/8/26 - 2/12/26

DROP IN \$5

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