



2025 Cycling Seniors Club Fall Ride Schedule

Cycling is a full body and mind exercise! Join the Park Rangers and the **Cycling Seniors** Cycle Club this ride season! We have rides for both new and more experienced riders. Please bring your own bicycle and helmet.. A waiver of liability will need to be signed. **This program is FREE for Prince George's County Residents only, 60 years of age and better!** Club rides will generally take place on Wednesdays of each month – April through October, (possibly November) weather permitting.

To Register: <https://mdpgparksweb.myvscloud.com/webtrac/web/splash.html>

Search by activity code:

Type "17549" (easiest way) in the search bar or use key word "cycling"

Wednesday, September 17

Bladensburg Waterfront to the Navy Yard

Parks Direct Activity Code: 17549-578

Arrive 8:30 am; push off at 9am

**Meet/Ride Begins: Bladensburg Waterfront Park 4601 Annapolis Road
Bladensburg 20710**

Ride the Anacostia River Trail (ART) to Navy Yard. We will start our ride at Bladensburg Waterfront and ride on the ART for 7.8 miles, over the new Frederick Douglass Memorial Bridge to the Navy Yard. Next, we will stop for a bit at the Navy Yard and then loop back to Bladensburg Waterfront (approximately 10 miles round trip). This paved trail is appropriate for intermediate and advanced cyclists. We also will have a cut-off point for those riders needed a shorter ride and not going all the way to the Navy Yard.

Wednesday, October 8

Bladensburg Waterfront/ to Adelphi Mills on the Northwest Branch Trail

End of ride season picnic!

PARKS DIRECT ACTIVITY CODE: 17549-578C

Arrive 8:30 am; ride push off at 9 am

**Meet/Ride Begins: Bladensburg Waterfront Park 4601 Annapolis Road
Bladensburg 20710**

Join the Park Police and Park Rangers on the Northwest Branch Trail. We will start our ride at the Bladensburg Waterfront and ride to Adelphi Mill, in Hyattsville. This ride is approximately 16 miles round trip. This trail is fairly flat/paved with a couple of small hills and road crossings. This ride is appropriate for intermediate/advanced cyclists. After the ride, we will gather at the pavilion for a picnic lunch to celebrate the ride season!