

September

CHOICES

Choose Hands-on Opportunities,
Integrating into Community,
Empowering Self-Direction

Parks & Recreation CHOICES is a resource developed for Prince George's County adult residents with developmental and intellectual disabilities.

With a focus on weekday, daytime opportunities, learn all that Parks & Recreation has to offer. Sign up, get involved, and give a new activity a try!

To register for CHOICES activities, visit pgparksdirect.com and enter Activity Code: 25419

For more information on programs/events listed in this resource calendar, email: CountywideTRPrograms@pgparks.com

Register for CHOICES
Activities HERE:



Note: Activities listed in this calendar are subject to change. For the most up-to-date information, visit pgparksdirect.com

Mon	Tues	Wed	Thurs	Fri
Sept 1 Labor Day	2 Arts on a Roll Bowie Community Center	3 Gardening Maintenance Old Maryland Farm	4 Gaming Club Deerfield Run Community Center	5 Drum-N-Tone Glen Dale Community Center
8 KiloMEETers Lake Artemesia Kickbikes Lake Artemesia	9 Zumba Palmer Park Community Center	10 Gardening Maintenance Old Maryland Farm	11 Gaming Club Deerfield Run Community Center	12 Drum-N-Tone Camp Springs Senior Activity Center
15 KiloMEETers Tucker Road Community Center Kickbikes Lake Artemesia	16 CRAB Sailing CRAB Adaptive Boating Center AquaFit & Water Walkers Fairland Aquatics	17 Gardening Maintenance Old Maryland Farm	18 Gaming Club Deerfield Run Community Center	19 Nature Craft Old Maryland Farm
22 KiloMEETers Fairland Aquatics Center Kickbikes Lake Artemesia	23 AquaFit & Water Walkers Fairland Aquatics	24 Gardening Maintenance Old Maryland Farm	25 Gaming Club Deerfield Run Community Center	26 Movie & Popcorn Kentland Community Center
29 KiloMEETers Watkins Regional Park Kickbikes Lake Artemesia	30 Bingo Hillcrest Heights Community Center AquaFit & Water Walkers Fairland Aquatics	Oct 1 Gardening Maintenance Old Maryland Farm Group Fitness Classes Sports & Learning Complex	2 Gaming Club Deerfield Run Community Center	3 Drum-N-Tone Glen Dale Community Center

Department Happenings



Community Center Pass

Provides access to facility and FREE Amenities

Adult - 1 year- \$45

Senior - 1 year- FREE

CC + Fitness Pass

Provides access to facility and Fitness Centers

Adult - 1 year/3 months/1 week- \$125/\$45/\$25

Senior - 1 year- FREE

TR: Walk-A-Trail Trailblazers

Allentown Splash, Tennis & Fitness Park
7210 Allentown Rd, Fort Washington, 20744

Saturday September 6, 13, 20, 27

Cost: \$60 (4 Weeks)

9 am - 1pm

Registration Code: [25410-578A](#)

The Department of Parks and Recreation offers many daytime, weekday activities perfect for self-directed individuals and their caregivers/aides.

Click the event or scan the QR code for more info.

Special Programs Division
Front Desk: 301-446-3400
Maryland Relay 7-1-1

TR: AquaFit

Fairland Aquatics Complex
13950 Old Gunpowder Rd.
Laurel, 20707

September 16 - November 4

Cost: \$40

10AM - 10:45am

Registration Code: [25420-578B](#)

TR: Drum 'N Tone

College Park Community Center
5051 Pierce Ave, College Park, 20740

September 8 - October 27, 2025

6:30PM - 7:30PM (8 Sessions)

Fee: \$40

Registration Code: [25612-578A](#)

Parks Direct Classes
& Events [HERE](#):

TR: Walk-A-Trail Pacers

Glenarden Community Center
8615 McLain Ave, Glenarden, 20706

Saturday September 6, 13, 20, 27

Cost: \$60 (4 Weeks)

9 am - 1pm

Registration Code: [25410-578B](#)

TR: Tai Chi

College Park Community Center
5051 Pierce Ave, College Park, 20740

Wednesdays, October 29-November 19

6:30PM - 7:30PM (4 Sessions)

Fee: \$20

Registration Code: [25417-578A](#)

