

# Gwendolyn Britt Senior Activity Center

## FALL 2025 CALENDAR



### ***SEPTEMBER, OCTOBER, NOVEMBER 2025***

**Hours of Operation** - Monday-Friday 9 am - 3:30 pm

Please note the center will be closed on:

**Monday, September 1 – Labor Day**

**Thursday, November 27 – Thanksgiving**

**Friday, November 28 - Thanksgiving**

***FACE MASKS OPTIONAL!***

### **SUMMER REGISTRATION**

- Registration begins Wednesday, August 13 for Residents (R).
- Registration begins Wednesday, August 20 for Non-Residents (NR).
- Summer Classes - Register early! Virtual classes are available. Classes fill on a first come, first serve basis.
- Don't Wait and Be Too Late! Register at least one week prior to the class start date! A minimum number of registrants are required for programs to be held.
- See refund policy on the next page.
- A fee assistance program is available for residents who need financial help to participate in our classes that have a fee greater than \$35. Based on income and family size, fee reduction may be available. Visit our website or ask center staff for details.

### **DISABILITY ACCOMMODATIONS**

M-NCPPC, Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register at least a minimum of two weeks in advance of the program start date to request and receive a disability modification. **To contact the Program Access office directly, call 301-249-7200 (Maryland Relay 7-1-1) or email [program.access@pgparks.com](mailto:program.access@pgparks.com)**

4009 Wallace Road • North Brentwood, Maryland 20722

Phone: 301-699-1238

Fax: 301-699-2078

TTY: 301-699-2544

# Gwendolyn Britt Senior Activity Center - Important Information

## **Our Refund Policy:**

- 100% refunds are issued when M-NCPPC cancels a class.
- All other refunds are subject to a 20% administration fee.
- All withdrawals/refunds must be processed by the facility offering the activity.
- Refunds **MUST** be requested **prior** to the end of the course.
- Refunds will **NOT** be issued once the course has ended.
- Credits nor refunds will be issued for classes missed by the participant.
- The Senior Activity Center Director must approve all requested refunds.
- Trip refunds will only be issued if the spot is resold.
- Cash refunds are not allowed.
- Refunds may be immediately credited to your PARKS DIRECT account or be issued by the original method of payment, like a credit card which can take 3 to 5 days to process or as a check which can take 3 to 4 weeks to process.

## **Trip Transportation:**

For your information, we include the mode of transportation used for our trips. Please note, the mode of transportation is subject to change. Here are the vehicles we use:

- M-NCPPC Activity Bus - 12-15 passenger white or tan bus
- Commission Bus - Large 24 passenger bus
- Motor Coach Bus - 40-50 passenger but with restroom

## **Trip Information:**

All trip registrants are expected to return with the group to the center or fill out a release form. **NO REFUNDS** unless the trip is canceled or unless the spot is resold. The trip coordinator must approve and process all refunds. Trips depend on sufficient registration; specific registration deadlines may apply.



Note: When you see these feet with a trip or activity, it means there will be a lot of walking.



# Gwendolyn Britt Senior Activity Center:

## Virtual Classes

<b>PIANO ADVANCE</b>	<u>Tues &amp; Thurs</u> Sep 2 - Sep 25 (31541-530A) Oct 7 - Oct 30 (31541-530B) Nov 4 - Nov 20 (31541-530C)	11:30 am – 12:30 pm  (3week session)	\$68 (R) \$89 (NR)  \$51 (R) \$67 (NR)
<b>PIANO BEGINNER Level I</b>	<u>Mon &amp; Wed</u> Sep 3 - Sep 29 (31526-544A) Oct 6 - Oct 29 (31526-544B) Nov 3 - Nov 19 (31526-544C)	9:30 – 11:30 am  (3week session)	\$68 (R) \$89 (NR)  \$51 (R) \$67 (NR)
<b>PIANO INTERMEDIATE</b>	<u>Tues &amp; Thurs</u> Sep 2 - Sep 25 (31538-530A) Oct 7 - Oct 30 (31538-530B) Nov 4 - Nov 20 (31538-530C)	1:00 – 2:00 pm  (3week session)	\$68 (R) \$89 (NR)  \$51 (R) \$67 (NR)
<b>PIANO BEGINNER</b>	<u>Tues &amp; Thurs</u> Sep 2 - Sep 25 (31526-530A) Oct 7 - Oct 30 (31526-530B) Nov 4 - Nov 20 (31526-530C)	10 - 11 am  (3week session)	\$68 (R) \$89 (NR)  \$51 (R) \$67 (NR)
<b>HOME PROJECTS</b>	<u>Wednesdays</u> Sep 3 - Sep 24 (31523-530A) Oct 8 - Oct 29 (31523-530B) Nov 5 - Nov 19 (31523-530D)	10 – 11 am  (3week session)	\$20 (R) \$26 (NR)  \$15 (R) \$20 (NR)
<b>BINGO</b>	<u>Fridays</u> Sep 5 - Sep 26 (31510-530A) Oct 3 - Oct 24 (31510-530B) Nov 7 - Nov 21 (31510-530C)	12 noon – 1 pm  (3week session)	\$20 (R) \$26 (NR)  \$15 (R) \$20 (NR)

# **SEPTEMBER 2025**

## **Bus Boys & Poets, Hyattsville**

**\$7 (R); \$10 (NR)**

**PARKS DIRECT code: GBSAC-20250904**

Our goal is to provide a community atmosphere where you can find peace and a soothing meal. Many have visited and enjoyed the environment and food. Meals at your own expense. Transportation provided.

**Thursday, September 4**

**10:30 am-- 2 pm**

## **Music in Me Foundation**

**\$20 (R); \$26 (NR)**

**PARKS DIRECT code: GBSAC-20250908**

If you like Zumba in a warm welcoming community environment, then you'll love The Music in Me Foundation International's Superpower Dance Circle. Dance to a variety of popular music and dance styles: Latin-American, African, Bollywood, hip-hop, jazz and line-. Learn at your own pace. You must register for this event.

**Monday, September 8**

**10:30 am – 11:30 am**

## **Active Aging Week, Musical Ball**

**FREE**

**PARKS DIRECT code: GBSAC-SPEC-GA-20250915**

Looking for a fun time? Join us in this fun game where everybody gets caught. Pass the ball till it's in someone's hand when the music stops. Get it right or dance a jig!

**Monday, September 15**

**10:30 am - 12 pm**

## **SAARC Pool Party**

**\$15 (R); \$20 (NR)**

**PARKS DIRECT code: GBSAC-20250917**

Enjoy meeting new friends from the south end of Prince Georges County with great music & refreshments on the pool patio. Sounds like a good Party!! Register early!

**Wednesday, September 17**

**10:30 am - 3 pm**

## **Senior Real Estate Seminar**

**FREE**

Please join us if you are interested in learning about downsizing and navigating housing transitions. Brandi Boxley is a licensed Maryland real estate agent with Keller Williams Preferred Properties. She also holds the Senior Real Estate Specialist certification, focusing on helping seniors with real estate. Please sign up at the desk.

**Monday, September 22**

**12 pm - 1 pm**

## **Crofton Bowl Centre**

**\$22 (R); \$29 (NR)**

**PARKS DIRECT code: GBSAC-20250926**

Two hours of unlimited bowling, up to six bowlers per lane, shoe rental, party table and cleanup are all included. Meals at your own expense. Transportation provided.

**Friday, September 26**

**11 am - 3 pm**



# **OCTOBER 2025**

## **Reverse Mortgage**

**FREE**

**Monday, October 6**

**12 pm - 1 pm**

Learn about how to use reverse mortgage and if it is best for you. Presented by Brandi Boxley, Keller Williams Preferred Properties. Please sign up at the front desk.

## **B&O Railroad Museum**

**\$20 (R); \$26 (NR)**

**Wednesday, October 8**

**10:30 am - 3 pm**

**PARKS DIRECT code: GBSAC-20251008**

The B&O Railroad is an interesting place to learn about the history of the museum and American railroading. So many innovations in railroad technology take place here. Meals at your own expense. Transportation provided.

## **Westminster DC Blues Night, Washington, DC**

**\$15 (R); \$20(NR)**

**Monday, October 13**

**5 pm - 10 pm**

**PARKS DIRECT code: GBSAC-20251013**

Blues Night in DC on Monday presents some of the area's finest Blues Musicians in a lively presentation of classical straight-ahead Blues. Entrance Fee is \$10. Meals at your own expense. Transportation provided.

## **Bon Appetite: Smoke Craft Modern BBQ, Arlington, VA**

**\$15 (R); \$20 (NR)**

**Tuesday, October 21**

**10:30 am - 3 pm**

**PARKS DIRECT code: GBSAC-20251021**

Smoke Craft Restaurant offers a variety of delicious choices, Smoked Spaghetti Squash, Collard Greens, Campfire Baked Beans, Cedar Plank Chipotle Maple Salmon, Chopped Brisket, Pulled Pork, and BBQ Street Corn. Additional menu choices are available. Meals at your own expense. Transportation provided

## **Crofton Bowl Centre**

**\$22 (R); \$29 (NR)**

**Friday, October 24**

**11 am - 3 pm**

**PARKS DIRECT code: GBSAC-20251024**

Two hours of unlimited bowling, up to six bowlers per lane, shoe rental, party table and cleanup are all included. Meals at your own expense. Transportation provided.

## **Top Golf**

**\$48 (R); \$63 (NR)**

**Wednesday, October 29**

**10 am - 3 pm**

**PARKS DIRECT code: GBSAC-20251029**

Challenge yourself by trying something new at top golf. Everyone can play, enjoy delicious food and drinks, and have a fun time! Games, food, and drink are included in the price. Transportation provided.

# **NOVEMBER 2025**

## **FUN-DAY Talent Show**

**Free**

**Monday, November 3**

**10 am – 11:30 am**

You have talent - we have talent - EVERYBODY has talent! Show off your favorite song, poem, dance, or something special that you do. Let's have a fun time sharing you.

## **National T-Shirt Day**

**Free**

**Tuesday, November 11**

**10:30 am - 12 pm**

Wear your FAVORITE t-shirt. If your t-shirt has a story, share the story with us. Light Refreshments served. Register early at the Customer Service Desk.

## **Bon Appetite: Jaspers, Largo, MD**

**\$15 (R); \$20 (NR)**

**Thursday, November 13**

**10 am - 3 pm**

**PARKS DIRECT code: GBSAC-20251113**

Enjoy an all-day brunch or a variety of other dishes including slow smoked baby back ribs, mac & cheese, grilled chicken, baby spinach, impossible burger & blacken salmon. Additional menu choices are available. Meals at your own expense. Transportation provided!

## **Midday Music and Lunch featuring Tracey Cutler on Sax**

**\$25; (R); \$33 (NR)**

**Friday, November 14**

**11 am - 1 pm**

**PARKS DIRECT code: GBSAC-20251114**

The holiday is upon us so let's spend some relaxing time with each other. Lunch will be served along with soothing music! Hope to see you there. You must register for this event

## **Home Health Care**

**Free**

**Monday, November 17**

**12 pm - 1 pm**

Not sure where to move if you are looking downsize? Let Brandi Boxley, Keller Williams Preferred Properties, share the good news with you. Please sign up at the front desk.

## **Crofton Bowl Centre**

**\$22 (R); \$29 (NR)**

**Friday, November 21**

**11 am - 3 pm**

**PARKS DIRECT code: GBSAC-20251121**

Two hours of unlimited bowling, up to six bowlers per lane, shoe rental, party table and cleanup are all included. Meals at your own expense. Transportation provided.

## **Thanksgiving Paint & Sip**

**\$20 (R); \$26 (NR)**

**Tuesday, November 25**

**12:30 pm - 2 pm**

**PARKS DIRECT code: 30504-530A**

Let's do some Thanksgiving season painting. It's easy!!! Painting is a relaxing activity. You will see you can do it and have lots of fun. All materials are included along with light refreshments. Register early!





# Gwendolyn Britt Senior Activity Center - ACTIVITIES

## *CREATING SEASONAL CRAFTS IS OUR GOAL!*

### HOME PROJECTS (10 am - 11 am)

WEDNESDAYS, Sep 3-24 (15518-530A) \$20 (R); \$26 (NR)

WEDNESDAYS Oct 8-29 (15518-530B) \$20 (R); \$26 (NR)

WEDNESDAYS, Nov 5-19 (15518-530C) \$15 (R); \$20 (NR) **(3-week session)**

## *LET'S HAVE FUN AND WIN A PRIZE!*

### BINGO (12:30 pm - 1:30 pm)

TUESDAYS, Sep 9-30 (26504-530A) \$20 (R); \$26 (NR)

TUESDAYS, Oct 7-28 (26504-530B) \$20 (R); \$26 (NR)

TUESDAYS, Nov 4-19 (26504-530C) \$15(R); \$20 (NR) **(3-week session)**

## *TAP INTO YOUR CREATIVITY!*

### ARTS & CRAFTS (12:30 pm - 2 pm)

THURSDAYS, Sep 4-25 (15502-530A) \$26 (R); \$34 (NR)

THURSDAYS, Oct 9-30 (15502-530B) \$26 (R); \$34 (NR)

THURSDAYS, Nov 6-20 (15502-530C) \$20 (R); \$26 (NR) **(3-week session)**

## *HOT DOG, CHIPS AND DRINK INCLUDED!*

### MOVIE DAY (12:30 pm - 2:30 pm)

Thursday, November 20

GBSAC-SPEC-GA-20251120 - \$12 (R), \$16 (NR)

## SENIOR SHAPE – EXERCISE CLASS AND BLOOD PRESSURE SCREENING - FREE

### TUESDAYS

WALKING (11 am - 12 pm) / Take a walk with us

PICKLE BALL - Equipment provided (9 am - 10:30 am)  
(you must sign up at the front desk)

### WEDNESDAYS

GAME DAY (12 pm - 3 pm) / Dominoes, Spades, Trouble, Uno, Pokeno, and others!

SENIOR SHAPE EXERCISE CLASS (11:30 am - 12:15 pm)

### THURSDAYS

WALKING (10 am - 11 am) / Take a walk with us

### FRIDAYS

GAME DAY (12:30 pm - 3 pm) / Dominoes, Spades, Trouble, Uno, Pokeno, and others!

## SENIOR SHAPE – EXERCISE CLASS AND BLOOD PRESSURE SCREENING - FREE

<b>Senior Shape Exercise Class</b> Sponsored by: NIH Heart Center at Suburban Hospital	Multi-purpose Room A	<u>Wednesday</u> Sep 3-24 Oct 1-29 Nov 5-19	11:30 am -12:15 pm  <b>No Class Nov. 26</b>	<b>FREE</b>
<b>Blood Pressure Screenings</b>	Multi-Purpose Room A	<u>Wednesday</u> Sep 3 Oct 1 Nov 5	12:30 pm - 1:15 pm	<b>FREE</b>

### AARP Smart-Driver Courses

Friday, September 19	10 am - 3 pm
Friday, October 17	10 am - 3 pm
Friday, November 14	10 am - 3 pm

Tune up your driving skills and update your knowledge about rules of the road. Learn about normal age-related physical changes, and how to adjust your driving to allow for these changes. Contact Lisa Pizarro (646-725-0100) to register and pay for the course.

## SENIOR SMARTRIP INFORMATION



**WMATA SENIOR SMARTRIP CARDS – NO LONGER SOLD AT  
GWENDOLYN BRITT SENIOR ACTIVITY CENTER.**

**FOR MORE INFORMATION ON HOW TO PURCHASE A SMARTRIP CARD VISIT**  
[www.wmata.com/fares/smartrip](http://www.wmata.com/fares/smartrip)

## WEATHER POLICY



Sign up for PG Parks Alerts and get the latest information on M-NCPPC closings due to weather, facility maintenance and other emergencies. Visit our website at [www.pgparcs.com](http://www.pgparcs.com) today!

## NO SMOKING POLICY

In accordance with Maryland State Law, there is **NO SMOKING on M-NCPPC property**. This includes vehicles, enclosed buildings and outdoors. Outdoor areas include facility grounds, parking areas, parks, picnic areas, ballfields, etc.



## SENIOR NUTRITION PROGRAM

The Senior Nutrition Program is offered Mondays thru Thursdays here at Gwendolyn Britt featuring a healthy, well-balanced meal by the Prince George's County Department of Family Services. Individuals who are sixty & better can reserve a meal by contacting our Nutrition Manager, Barbara Goldsmith, or the Department of Family Services Aging Services Division at (301) 265-8475. You must register at least one day in advance. The suggested donation is \$4.00. If you need to cancel your meal, please do so at least two (2) days in advance. Please bring the exact change to cover your donation.

**Transportation:** Transportation services can be reserved directly by the Seniors. They must call DPW&T Intake line (301) 499-8603 to reserve their transportation ride to the Senior Center and must participate in the lunch program in order to be transported.

**Note:** There will be no lunch program when Prince George's County schools have a delayed opening or are closed due to inclement weather conditions.

**Reminder:** Lunch is subject to change depending on the Aging Services Division Office schedule.

## FOR YOUR INFORMATION

### **Moved? Number changed? Update Your Information**

From time to time, please stop at the office and make sure your personal information is correct. Let us know if you have any changes including emergency contact names and phone numbers.

### **Volunteer Opportunities**

Do you have a special skill or talent you would like to share with others? Would you like to teach classes to seniors here at the Gwendolyn Britt Senior Activity Center? If so, give us a call on (301) 699-1238.



### **IMPORTANT PHONE NUMBERS**

Senior Nutrition/Transportation	301-265-8475
Legal Aid	301-927-6800
Department of Family Services	301-265-8401
Seniors County Information	301-265-8450
Medicare Information	800-633-4227
Call-A-Bus	301-499-8603

This program is brought to you by  
**Parks & Recreation**  
M-N C P P C  
live more, play more  
pgparks.com



**COMING SOON!**

## **HAMPTON PARK SENIOR ACTIVITY CENTER**

9187 HAMPTON MALL DRIVE  
CAPITOL HEIGHTS, MD 20743

*Opening Fall 2025*

- **FITNESS CENTER**
- **DANCE STUDIO**
- **BILLIARDS ROOM**
- **NUTRITION PROGRAM**
- **CLASSES AND WORKSHOPS**
- **TRIPS AND SPECIAL EVENTS**

**FOR MORE INFORMATION  
CONTACT 301-446-3403 OR  
EMAIL [SENIORS@PGPARKS.COM](mailto:SENIORS@PGPARKS.COM)**



**Connect with us!**



- The Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register a minimum of two weeks prior to the program start date to request and receive a disability modification.
- Customers who are deaf, hard of hearing, or have a speech disability, call Maryland Relay 7-1-1.
- Language interpretation is available at all facility front desks. Please ask for assistance.