

Langley Park Senior Activity Center

2025 SUMMER CALENDAR



Welcome to Langley Park Senior Activity Center *June, July, August 2025*

Hours of Operation - Monday-Friday 9 am - 3:30 pm

Please note the center will be closed: Thursday, July 4 - Independence Day



Face Coverings Optional!



SUMMER REGISTRATION



- Registration - Wednesday, May 14, for Residents (R) of Prince George's County
 - **Note: the center will open at 9 am for registration.**
- Registration – Wednesday May 21, Non-Residents (NR)
- Summer Classes: Register early! **In-person & Virtual classes available.**
- Don't wait! Please register at least one week prior to the class start date so we can plan accordingly.

A minimum number of registrants are required for programs to be held.

- A fee assistance program is available for residents who need financial help to participate in our classes that have a fee over \$35. Fee reduction may be available based on income and family size. For more information, visit our website at www.pgparks.com or ask our center staff.

1500 Merrimac Drive, Hyattsville, MD 20783
301-408-4343 voice 301-699-2544 TTY 301-408-4344 fax

Langley Park Senior Activity Center: **Information**

Our Refund Policy:

- 100% refunds are issued when M-NCPPC cancels a class.
- All other refunds are subject to a 20% administration fee.
- All withdrawals/refunds must be processed by the facility offering the activity.
- Refunds **MUST** be requested **prior** to the end of the course.
- Refunds will **NOT** be issued once the course has ended.
- Credits nor refunds will be issued for classes missed by the participant.
- The Senior Activity Center Director must approve all requested refunds.
- Trip refunds will only be issued if the spot is resold.
- Cash refunds are not allowed.
- Refunds may be immediately credited to your PARKS DIRECT account or be issued by the original method of payment, like a credit card which can take 3 to 5 days to process or as a check which can take 3 to 4 weeks to process.

Trip Transportation: For your information, we include the mode of transportation used for our trips. Please note, the mode of transportation is subject to change. Here are the vehicles we use:

- M-NCPPC Activity Bus – 12-15 passenger white or tan bus
- Commission Bus – Large 24 passenger bus
- Motor Coach Bus – 40-50 passenger with restroom

Trip Information:

No refunds unless the trip is canceled or unless the spot is resold. The trip coordinator must approve and process all refunds. Trips depend on sufficient registration; specific registration deadlines may apply.



Note: When you see these feet with a trip or activity, it means there will be a lot of walking. All trip registrants are expected to return with the group to the center or fill out a release form.



Langley Park/Gwendolyn Britt Senior Activity Center: **Virtual Classes**

PIANO ADVANCE	<u>Tues & Thurs</u> Jun 3 - Jun 26 (31541-430A) Jul 8 - Jul 31 (31541-430B) Aug 5 -Aug 28 (31541-430C)	11:30 am – 12:30 pm	\$68 (R) \$89 (NR)
PIANO INTERMEDIATE	<u>Tues & Thurs</u> Jun 3 - Jun 26 (31538-430A) Jul 8 - Jul 31 (31538-430B) Aug 5 -Aug 28 (31538-430C)	1 - 2 pm	\$68 (R) \$89 (NR)
PIANO BEGINNER	<u>Tues & Thurs</u> Jun 3 - Jun 26 (31526-430I) Jul 8 - Jul 31 (31526-430M) Aug 5 -Aug 28 (31526-430N)	10 - 11 am	\$68 (R) \$89 (NR)
PIANO BEGINNER LEVEL 1	<u>Mon & Wed</u> Jun 2-Jun 25 (31526-444D) Jul 7- Jul 30 (31526-444E) Aug 4 -Aug 27 (31526-444G)	9:30 - 11:30 am	\$68 (R) \$89 (NR)
HOME PROJECTS	<u>Wednesdays</u> Jun 4 - Jun 25 (31523-430X) Jul 9 - Jul 30 (31523-430B) Aug 6 - Aug 27 (31523-430C)	10 – 11 am	\$20 (R) \$26 (NR)
BINGO	<u>Fridays</u> Jun 6- Jun 27 (31510-430A) Jul 11 - Jul 25 (31510-430B) Aug 8 - Aug 29 (31510-430C))	July 4(holiday) (3week session)	\$20 (R) \$26 (NR) \$15 (R) \$20 (NR)



Langley Park Senior Activity Center: **In-Person**

PIANO BEGINNERS	<u>Tues & Thurs</u> Jun 3 - Jun 26 (23502-444D) Jul 8- Jul 31 (23502-444E) Aug 5 - Aug 28 (23502-444F)	9 - 10 am	\$68 (R) \$89 (NR)
PIANO INTERMEDIATE	<u>Tues & Thurs</u> Jun 3 - Jun 26 (23503-444G) Jul 8 - Jul 31 (23503-444H) Aug 5 -Aug 28 (23503-444K)	10 - 11 am	\$68 (R) \$89 (NR)
PIANO ADVANCE	<u>Tues & Thurs</u> Jun 3 - Jun 26 (23504-444A) Jul 8 - Jul 31 (23504-444B) Aug 5 -Aug 28 (23504-444C)	11 am - 12 pm	\$68 (R) \$89 (NR)
LINE DANCE	<u>Mondays</u> Jun 2 - Jun 23 (23501-444H) Jul 7 - Jul 28 (23501-444O) Aug 4 - Aug 25 (23501-444P)	11 am -12:30 pm	\$28 (R) \$37 (NR)
JEWELRY MAKING	<u>Wednesdays</u> Jun 4 - Jun 25 (30502-444A) Jul 9 - Jul 30 (30502-444B) Aug 6 - Aug 27 (30502-444C)	10:30 am-12 pm	\$26 (R) \$34 (NR)
ARTS & CRAFT	<u>Fridays</u> Jun 6 - Jun 27 (15502-444A) Jul 11- Jul 25 (15502-444B) Aug 8-Aug 29 (15502-444C)	10:30 am-12 pm July 4(holiday) (3week session)	\$26 (R) \$34 (NR) \$20 (R) / \$26 (NR)
NOVELTY PRINT-MAKING	<u>Mondays</u> Jun 2 - Jun 23 (30506-444A) Jul 7 - Jul 28 (30506-444B) Aug 4 - Aug 25 (30506-444C)	11 am - 1 pm	\$42 (R) \$55 (NR)
CROCHET BEGINNERS	<u>Thursdays</u> Jun 5 - Jun 26(15514-444A) Jul 10 - Jul 31 (15514-444B) Aug 7 - Aug 28(15514-444C)	11:30 am-1:30 pm	\$28 (R) \$37 (NR)
Computer Skills- Level-1 RecTrac Training	<u>Mondays</u> Jun 2 - Jun 23 (14501-444A) Jul 7 - Jul 28 (14501-444B) Aug 4 - Aug 25 (14501-444C)	11am – 12 pm	FREE

Langley Park Senior Activity Center: **Trips/Special Events**

 **JUNE 2025** 

Senior Shape Free

**Monday & Thursday, June 2 - June 26
10 am - 10:45 am**

Senior Shape focuses on the four areas recommended by the National Institute on Aging for strength, endurance, flexibility & balance. A certified fitness instructor will help you reach your fitness goals. Sponsored by Suburban Hospital. Registration is required!

Calling ALL DMV Hand Dancers \$10 (R); \$13 (NR)

**Tuesday, June 10
11:30 am - 2 pm**

PARKS DIRECT code: LPSAC-20250610

Join the DMV Senior Hand Dancers at the Cheverly American Legion. No experience necessary. Just a good old time! Music by: DJ Ernie "G" Jammin. Entrance Fee is \$7.00. Dates are subject to change depending on registration. Meals at your own expense. Transportation provided.

Celebrating our Kings, Father's Day Brunch

\$32 (R); \$42 (NR)

**Thursday, June 12
11 am - 2 pm**

PARKS DIRECT code: LPSAC-SPEC-GA-20250612

Father's Day is celebrated to honor the significant role dads plays in the family. Let's show our love and gratitude to the fathers in our communities and make them feel special. Brunch will feature a special men's panel discussion led by our Regional Manager Michael Wilson and a live musical performance by The Tribe Band! Register early! Seats are limited!

Potomac Mills Premium Mall Outlet



\$25 (R); \$33 (NR)

**Wednesday, June 18
10 am - 5 pm**

PARKS DIRECT code: LPSAC-20250618

Premium shopping without paying a premium price! Enjoy discounts at Potomac Mills Premium Mall Outlet shop at over 200 stores and 25 eateries. Great deals with 25%-65% markdowns. Meals at your own expense. Transportation provided.

Ain't Too Proud Live - Life & Times of The Temptations

\$120 (R); \$156 (NR)

**Sunday, June 22
12:30 pm - 7 pm**

PARKS DIRECT code: LPSAC-20250622

The Temptations is an R&B Soul vocal group, known for their string of successful singles and albums from the 1960s and 1970s. With songs like Ain't Too Proud to Beg, Cloud Nine, Treat her like a lady and Papa was a rolling stone also known for their choreography, distinct harmonies, and dress style. Temptations are one of the most successful groups of their time and are still performing to sold out audiences. Transportation provided.



BEFORE



AFTER



NOW

Rusty Scupper Restaurant

\$15 (R); \$20 (NR)

**Wednesday, June 25
10:30 am - 3 pm**

PARKS DIRECT code: LPSAC-20250625

Back by Popular Demand! Enjoy the beautiful scenery at the Baltimore Inner Harbor for an elegant lunch, enjoy live piano entertainment, fresh seafood, and seasonal cuisine at this distinctive waterfront restaurant. Meals at your own expense; Transportation provided.

Langley Park Senior Activity Center: **Trips/Special Events**

JULY 2025

Senior Shape Free

**Monday & Thursday, July 7 - July 31
10 - 10:45 am**

Senior Shape focuses on the four areas recommended by the National Institute on Aging for strength, endurance, flexibility & balance. A certified fitness instructor will help you reach your fitness goals. Sponsored by Suburban Hospital. Registration is required!

Chop Tank Riverboat-Suicide Bridge Crab Feast \$125 (R); \$163 (NR)

**Wednesday, July 2
9 am - 8 pm**

PARKS DIRECT code: LPSAC-20250702

Enjoy a delicious crab feast of steamed crabs, crab soup, fried chicken, clam strips, corn-on-the-cob, coleslaw, dessert, and Beverages and gift shop. Charter Bus Transportation provided. All included in price. Register early! Seats are limited! .

Calling ALL DMV Hand Dancers \$10 (R); \$13 (NR)

**Tuesday, July 8
11:30 am - 2 pm**

PARKS DIRECT code: LPSAC-20250708

Join the DMV Senior Hand Dancers at the Cheverly American Legion. No experience necessary. Just a good old time! Music by: DJ Ernie "G" Jammin. Entrance Fee is \$7.00. Date/times are subject to change depending on registration. Meals at your own expense. Transportation provided.

Senior Line Dance ALL-WHITE Boots On the Ground Party, Martins Crosswinds \$45 (R); \$59 (NR)

**Friday, July 18
9 am - 12 pm**

PARKS DIRECT code: SPD-SPEC-GA-20250718

Doors Open 8:30 am

You *DON'T* want to miss this popular Senior Line Dance Party for seniors 60 or better! Enjoy an American fare breakfast, then head to the dance floor for fun line dancing, fan clapping, laughter, and show off your dance moves! Registration is on a first-come basis. Tickets are *Not* sold at the door. You must have a Parks Direct account to register! Transportation is not provided. A physical receipt of purchase is required to receive your ticket. Don't forget to pick up a flyer for the ticket distribution schedule and locations. The receipt is not your ticket! For additional information call 301-408-4343.

ROD AND REEL

**Wednesday, July 23
10:30 am - 4 pm**

\$20 (R); \$26 (NR)

PARKS DIRECT code: LPSAC-20250723

Enjoy a wonderful lunch at the Rod & Reel Restaurant, the beach, and other activities along Chesapeake Bay. The game room features dedicated events and club reward benefits. Get in on the fun! Meals at your own expense. Transportation provided.

EVERYBODY'S BIRTHDAY!

**Thursday, July 31
11 am - 2 pm**

\$20 (R); \$26 (NR)

PARKS DIRECT code: LPSAC-SPEC-GA-20250731

Let us Celebrate Everybody's Birthday. **ALL Months are Welcome!** Enjoy Pizza, Cake & Ice Cream. Music by Capt Frye bringing all the Birthday party jams. Wear your best Birthday outfit and Let them know IT'S YOUR BIRTHDAY! Prizes for the Best Birthday attire. Don't forget your Birthday gift. Registration Required! Sign up at the Customer Service Desk. Spaces are limited.



Langley Park Senior Activity Center: **Trips/Special Events**



AUGUST 2025



Senior Shape

Free

Senior Shape focuses on the four areas recommended by the National Institute on Aging for strength, endurance, flexibility & balance. A certified fitness instructor will help you reach your fitness goals. Sponsored by Suburban Hospital. Registration is required!

Monday & Thursday, August 4 – August 28

10 - 10:45 am

Hot Dog & Movie Day!

\$12 (R); \$16 (NR)

PARKS DIRECT code: LPSAC-SPEC-GA-20250806

The **HOT DOG** is internationally popular for being the food to eat at parades, games, barbecues, carnivals & festivals. Have one on us! While you relax and enjoy a movie. Bring a movie you would like to share. Don't forget to visit our concession table for some goodies. Registration required!

Wednesday, August 6

11 am - 2 pm



National Museum of Women in the Arts

\$20 (R); \$26 (NR)

PARKS DIRECT code: LPSAC-20250813

This museum shares the life, and education, of women who shared their life to encourage positivity to young girls and ladies to excel in life and be proud of their many contributions they will continue to contribute to society. Take this opportunity to explore the collection, current exhibitions participate in the art-making activities inspired by artworks. Activities and inspirations are changed each month.

Wednesday, August 13

11 am – 2 pm

The Dorchester Harriet Tubman Underground Railroad Tour

\$175 (R); \$228 (NR)

PARKS DIRECT code: LPSAC-20250820

Visit the Dorchester County Visitor Center while our tour guide educate us about the way of life in Dorchester County passing by the beautiful scenery, which includes lush pine forests and waterways. Then make our way to Old Salty's Restaurant to enjoy a home-cooked, buffet-style meal featuring crab cakes, clam strips, fish, chicken, salad, vegetables, a slice of homemade pie for dessert, water & iced tea drinks included. After lunch we'll visit the **Harriet Tubman** Underground Railroad Visitor Center, & Emily's Produce, a family-operated produce market. We will finish our day with a stop at Kool Ice & Seafood for those who wish to buy fresh seafood to take home. Don't forget to bring your coolers. Charter Bus Transportation provided. All included in the price. Register early! Seats are limited!

Wednesday, Aug 20

8 am - 9 pm

End of Summer Grillin' & Chillin' w/LPSAC & GBSAC

\$26 (R); \$34 (NR)

PARKS DIRECT code: LPSAC-SPEC-GA-20250829

Join this good old down-home cookout with a variety of meats, potato salad, fruits, desserts, and drinks. Play games and win prizes or just sit back and relax with your favorite DJ Sweat(by popular demand) or dance the evening away. Wear your comfortable shoes and bring your lawn chairs. The event is at Gwendolyn Britt! **IT'S PARTY TIME!!!**

Friday, August 29

11 am - 2 pm

Senior Line Dance *All White Boots On the Ground Party!!*

Martins Crosswinds

7400 Greenway Center Drive, Greenbelt MD 20770

PARK DIRECT code: SPD-SPEC-GA-20250718

Fee: \$45 (R); \$59 (NR)

You **DON'T** want to miss this **ALL-WHITE** Senior Line Dance Boots on the Ground Party for seniors 60 or better! Enjoy an American fare breakfast, then head to the dance floor for fun line dancing, fan clapping, laughter, and show off your dance moves! Registration is on first come basis. Tickets are *Not* sold at the door. You must have a Parks Direct account to register! Transportation not provided. A physical receipt of purchase is required to receive your ticket. The receipt is not a **TICKET!** Don't forget to pick up a flyer for the ticket distribution schedule and locations. T-shirts sizes are while supplies last. **NO REFUNDS!**

Friday, July 18

9 am-12 pm

Doors Open-8:30 am

Camp Springs

9:30 am - 3:00 pm

Wednesday, June 4

Wednesday, June 18

Wednesday, July 2(last day for ticket pickup)

Cedar Heights Community Center

10:00 am - 3:00 pm

Wednesday, June 11

Wednesday, June 25

Wednesday, July 9(last day for ticket pickup)

SAARC - 10:00 am - 2:30 pm

Monday, June 9

June 2 - July 15

Monday, July 7(last day for ticket pickup)

John E. Howard Senior Activity Center

9:30 am - 2:30 pm

Thursday, June 12

Thursday, June 26

Thursday, July 10(last day for ticket pickup)

Laurel-Beltsville Senior Activity Center

10:00 am - 3:00 pm

Thursday, June 5

Thursday, June 19

Thursday, July 3(last day for ticket pickup)

Gwendolyn Britt Senior Activity Center

Monday-Friday - 10:00 am - 3:00 pm

June 2 – July 11

Friday, July 11(last day for ticket pickup)

Langley Park Senior Activity Center – 10:00 am – 3:00 pm

Monday-Friday (Friday, July 15 (last day for ticket pickup))



BINGO-FEST (4 locations)



Calling all **SENIORS!** Join the fun and play **bingo** for GREAT prizes while helping support Prince George's County **elementary** school youth as they prepare for the upcoming school year. The Department of Family Services will provide lunch. Register at pgparksdirect.com Key word search: **Bingo**.

Friday, August 8, 2024

10:00 am – 2:00 pm – (DOORS OPEN AT 9:30 am)

LOCATIONS - PARKS DIRECT codes:

Camp Springs Senior Activity Center SPD-SPEC-GA-20250808B

6420 Allentown Road, Camp Springs (301-449-0490)

John E. Howard Senior Activity Center SPD-SPEC-GA-20240808

4400 Shell Street, Capitol Heights (301-735-2400)

Langley Park Senior Activity Center SPD-SPEC-GA-20250808C

1500 Merrimac Drive, Hyattsville, MD 20783 - (301-408-4343)

Laurel-Beltsville Senior Activity Center SPD-SPEC-GA-20250808A

7120 Contee Rd, Laurel (301-206-3350)

FREE with a Parks Direct Senior ID and donation of new school supplies to support Prince George's County Schools

Langley Park Senior Activity Center: Activities(Free)

TUESDAY: 9am-11am Indoor - Pickleball Indoor at the Senior Center!	TUESDAY: 9am-11am Indoor - Pickleball Indoor at the Senior Center!	TUESDAY: 9am-11am Indoor - Pickleball Indoor at the Senior Center!
MONDAY/FRIDAY: 9am-2pm Card Sharks! Pinochle, Bridge & Bid Whist Players! All Bid Whist & Bridge Clubs Welcome!	MONDAY/FRIDAY: 9am-2pm Card Sharks! Pinochle, Bridge & Bid Whist Players! All Bid Whist & Bridge Clubs Welcome!	MONDAY/FRIDAY: 9am-2pm Card Sharks! Pinochle, Bridge & Bid Whist Players! All Bid Whist & Bridge Clubs Welcome!
WEDNESDAY: 12pm-2pm Bingo – Everybody is a winner!	WEDNESDAY: 12pm-2pm Bingo – Everybody is a winner!	WEDNESDAY: 12pm-2pm Bingo – Everybody is a winner!
MONDAY: 11:30am-1:30pm MAHJONG All Mahjong Senior Clubs are Welcome!! Register at the customer service desk or call the senior center.	MONDAY: 11:30am-1:30pm MAHJONG All Mahjong Senior Clubs are Welcome!! Register at the customer service desk or call the senior center.	MONDAY: 11:30am-1:30pm MAHJONG All Mahjong Senior Clubs are Welcome!! Register at the customer service desk or call the senior center.
THURSDAY/FRIDAY: 10am-2pm GAME SWAP Game Day: Dominoes, Spades, Trouble, Uno, and others!	THURSDAY/FRIDAY: 10am-2pm GAME SWAP Game Day: Dominoes, Spades, Trouble, Uno, and others!	THURSDAY/FRIDAY: 10am-2pm GAME SWAP Game Day: Dominoes, Spades, Trouble, Uno, and others!

Langley Park Senior Activity Center: Information/Education

Upcoming AARP Smart Driver Courses

Monday, June 23, 2025, 10:00 am - 2:00 pm \$20/AARP Members; \$25/Non-Members
Monday, July 21, 2025, 10:00 am - 2:00 pm \$20/AARP Members; \$25/Non-Members
Monday, Aug 18, 2025, 10:00 am - 2:00 pm \$20/AARP Members; \$25/Non-Members

Refresh your driving skills with the AARP Smart Drivers Course. Learn defensive driving techniques, proven safety strategies, and new traffic laws and rules of the road. There are no tests to pass.

Upon completion, you may qualify for car insurance premium discounts. Call to register (301) 736-1565 or
Register online at AARP.com.

Payment due by check or money order (no cash) the day of the class.

Call our nutrition site manager at 301-439-3056 in advance to reserve your lunch for a donation of \$4.

No outside food allowed.



Langley Park Senior Activity Center - Health & Wellness

Decompress from Stress

Free

Thursday, June 5, 2025

11 am - 12 pm

Decompressing emotions means consciously and intentionally releasing tension, stress, and negative feelings from your mind and body. It's about finding a way to relax and recharge, allowing you to handle your emotions more effectively and avoid burning out. Sponsored by Humana

Health Hypertension Workshop

Free

Thursday, June 26, 2025

10 am - 12 pm

This hypertension workshop is educational and provides information about hypertension (high blood pressure), its causes, management, and potential risks. It includes sessions on lifestyle modifications, medication, and self-management strategies. Sponsored by Luminis Health

Identify Theft & Scams – Protect Yourself

Free

Thursday, July 10, 2025

11 am - 12 pm

To prevent identity theft and scams on seniors, focus on safeguarding personal information, monitoring accounts regularly, and educating them about common scams. This includes using secure mailboxes, shredding sensitive documents, being cautious of unsolicited calls/emails, and regularly checking financial statements and credit reports. Sponsored by Humana

Dementia Wise

Free

Thursday, July 24, 2025

10 am - 12 pm

Did you know that it is safe to live at home with Dementia? Do you know what abilities remain and which ones are lost through the progression of dementia? Learn all about dementia and some of the important communication tools for dementia care.

Health Literacy-Partner with your Doctor

Free

Thursday, August 14, 2025

11 am - 12 pm

Health literacy is crucial for individuals to maintain their health, prevent disease, and manage chronic conditions effectively. It empowers individuals to advocate for their own health and navigate the healthcare system confidently. Sponsored by Humana

Blood Pressure Screenings

Thursday, June 5	11:00 am – 11:45 am
Thursday, July 3	11:00 am – 11:45 am
Thursday, August 7	11:00 am – 11:45 am

SENIOR NUTRITION PROGRAM

The Senior Nutrition Program is offered four days a week. Mondays-Thursdays at Langley Park featuring a healthy, well-balanced meal by Prince George's County Department of Family Services. Individuals who are sixty & better can reserve a meal by contacting our Nutrition Manager, Barbara Goldsmith, or the Department of Family Services Aging Services Division at (301) 265-8475. You must register at least one day in advance. The suggested donation is \$4.00. If you need to cancel your meal, please do so at least two (2) days in advance. Please bring the exact change to cover your donation.

Transportation: The Seniors can directly reserve Transportation services. They must call DPW&T Intake line (301) 499-8603 to reserve their transportation ride to the Senior Center and must participate in the lunch program to be transported.

Note: There will be no lunch program when Prince George's County schools have a delayed opening or are closed due to inclement weather conditions.

Reminder: Lunch is subject to change depending on the Aging Services Division Office schedule.

SENIOR SMARTRIP INFORMATION

WMATA Senior SmarTrip Cards - No Longer Sold at The Langley Park Senior Activity Center.

FOR MORE INFORMATION ON HOW TO PURCHASE A SMARTRIP CARD VISIT:

www.wmata.com/fares/smatrip

DISABILITY ACCOMMODATIONS

M-NCPPC, Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register at least a minimum of two weeks in advance of the program start date to request and receive a disability modification. **To contact the Program Access office directly, call 301-249-7200 (Maryland Relay 7-1-1) or email program.access@pgparks.com.**

WEATHER POLICY

Sign up for PG Parks Alerts and get the latest information on M-NCPPC closings due to weather, facility maintenance and other emergencies. Visit our website at www.pgparks.com today!



IMPORTANT PHONE NUMBERS

Senior Nutrition/Transportation	301-265-8475
Legal Aid	301-927-6800
Department of Family Services	301-265-8401
Seniors County Information	301-265-8450
Medicare Information	800-633-4227
Call-A-Bus	301-499-8603