

WINTER 2024-2025 CALENDAR



DECEMBER, JANUARY, and FEBRUARY

Hours of Operation - Monday-Friday 9 am - 3:30 pm

Please note the center will be closed on: **Wednesday, December 25**
 Wednesday, January 1

Face Mask are Encouraged!

WINTER REGISTRATION

- Registration begins Wednesday, November 13 for Residents (R).
- Registration begins Wednesday, November 20 for Non-Residents (NR)
- Winter Classes – Register early! **Virtual classes are available.** Classes fill on a first come, first serve basis.
- Don't Wait and Be Too Late! Register at least one week prior to the class start date! A minimum number of registrants are required for programs to be held.
- See refund policy on the next page.
- A fee assistance program is available for residents who need financial help to participate in our classes that have a fee greater than \$35. Based on income and family size, fee reduction may be available. Visit our website or ask center staff for details.

DISABILITY ACCOMMODATIONS

M-NCPPC, Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register at least a minimum of two weeks in advance of the program start date to request and receive a disability modification. **To contact the Program Access office directly, call 301-249-7200 (Maryland Relay 7-1-1) or email program.access@pgparks.com**

4009 Wallace Road • North Brentwood, Maryland 20722

Phone: 301-699-1238

Fax: 301-699-2078

TTY: 301-699-2544

Gwendolyn Britt Senior Activity Center – Important Information

Our Refund Policy:

- All other refunds are subject to a 20% administration fee.
- All withdrawals/refunds must be processed by the facility offering the activity.
- Refunds will **NOT** be issued once the course has ended.
- Credits nor refunds will be issued for classes missed by the participant.
- The Senior Activity Center Director must approve all requested refunds.
- Trip refunds will only be issued if the spot is resold.
- Cash refunds are not allowed.
- Refunds may be immediately credited to your PARKS DIRECT account or be issued per original method of payment as a credit on your credit card which can take 3 to 5 days to process or as a check which can take 3 to 4 weeks to process.

Trip Transportation:

For your information, we include the mode of transportation used for our trips. Please note, the mode of transportation is subject to change. Here are the vehicles we use:

- M-NCPPC Activity Bus – 12-15 passenger white or tan bus
- Commission Bus – Large 24 passenger bus
- Motor Coach Bus – 40-50 passenger bus with restroom

Trip Information:

All trip registrants are expected to return with the group to the center or fill-out a release form.



Note: When you see these feet with a trip or activity, it means there will be a lot of walking.



Langley Park/Gwendolyn Britt Senior Activity Centers

Virtual Classes

PIANO ADVANCE	<u>Tues & Thurs</u> Dec 3-26 (31541-130D) Jan 7-30 (31541-130E) Feb 4-27 (31541-130F)	11:30 am – 12:30 pm	\$68 (R) \$89 (NR)
PIANO INTERMEDIATE	<u>Tues & Thurs</u> Dec 3-26 (31538-130A) Jan 7-30 (31538-130B) Feb 4-27 (31538-130C)	1 - 2 pm	\$68 (R) \$89 (NR)
PIANO BEGINNER	<u>Tues & Thurs</u> Dec 3-26 (31526-130A) Jan 7-30 (31526-130B) Feb 4-27 (31526-130C)	10 - 11 am	\$68 (R) \$89 (NR)
HOME PROJECTS	<u>Wednesdays</u> Jan 8-29 (31523-130B) Feb 5-26 (31523-130C)	10 – 11 am	\$18 (R) \$24 (NR)
BINGO	<u>Fridays</u> Dec 6-27 (31510-130D) Jan 10-31 (31510-130F) Feb 7-28 (31510-130G)	12 noon – 1 pm	\$20 (R) \$26 (NR)
PIANO BEGINNER LEVEL-1	<u>Mon & Wed</u> Dec 2-25 (31526-144A) Jan 6-29 (31526-144B) Feb 3-26 (31526-144C)	9:30 – 10:30 am	\$68 (R) \$89 (NR)



DECEMBER 2024



A Christmas Carol – The Bowie Center for the Performing Arts

Saturday, December 7

\$40 (R); \$52 (NR)

1 - 8 pm

PARKS DIRECT code: GBSAC-20241207

Join us at The Bowie Center for the Performing Arts to celebrate the holidays. The original production of Charles Dickens', A CHRISTMAS CAROL, will lift your holiday spirits with singing and dancing. We will see Ebenezer Scrooge as he journeys through time. Meals at your own expense. Transportation provided.

Winter Lights at Seneca Creek State Park

Wednesday, December 11

\$20 (R); \$26 (NR)

4:30 – 9 pm

PARKS DIRECT code: GBSAC-20241211

The Winter Lights Festival in Gaithersburg is showing a fabulous light show this holiday season. They are ready to welcome visitors. You will experience a 3.5-mile drive of beautiful twinkling lights and castles. The park shines bright like a diamond! Meals at your own expense. Transportation provided.

Senior Holiday Concert. LBSAC

Thursday, December 12

\$10 (R); \$13 (NR)

Concert: 10:30 am - 12 pm

PARKS DIRECT code: SPD-SPEC-GA-20241212

Transportation: \$10 (R); \$13 (NR)

Transportation leaving from GBSAC at 9:00am

Celebrate the holiday season and enjoy a concert featuring the sounds of the Rise Band. This event will be sure to get you in the spirit of the holidays! Transportation provided! You must register for transportation using the following Parks Direct code: **GBSAC-20241212. TRANSPORTATION FEE IS NOT INCLUDED IN THE CONCERT TICKET PRICE.** Meals at your own expense. Register early – transportation spaces are limited!

A Holiday Give Away

Wednesday, December 18

FREE

12 – 1:30 pm

As the seasons change, so do our decorations. We will be giving some of our center decorations away to make room for more, to the person whose name is called from the sign-up list. When you see the blank list in front of an item you would like to have, sign your name on the list. The winning name will be called from each list on December 18th. You must have your name listed by or before December 17th and you **MUST** be present to win. Soft music and refreshments will be served.

JANUARY 2025



SOUP FOR THE SOUL

PARKS DIRECT code: GBSAC-SPEC-GA-20250107

Tuesday, January 7

11 – 2 pm

We all love Soup! A hot bowl of soup is cozy and warm for the winter months. Let's sit back and enjoy the melodious sounds of Kevin Howard on the piano! This event is **FREE**, but you must register in advance! Limited space available.

Paint & Sip

\$20 (R); \$26 (NR)

Tuesday, January 14

12:30 - 2 pm

PARKS DIRECT code: 30504-130A

Let's do some Winter season painting. It's easy!!! Painting is a relaxing activity. You will see you can do it and have lots of fun. Materials included along with light refreshments. You must register for this event.

Bon Appetite: Miller's Ale Restaurant

\$15 (R); \$20 (NR)

Tuesday, January 21

11 am - 3 pm

PARKS DIRECT code: GBSAC-20250121

Casual dining with us is easy. If you are here to get a great meal, you have come to the right place. For your dining pleasure we offer a variety of burgers, entrees, salads and sandwiches. You'll love our large portions, great prices, warm service, and shareable appetizers. Meals at your own expense. Transportation provided.

Living Healthy: Eating Better and Moving More

FREE

Monday, January 27

12:30-1:30pm

This health education session will define nutrition and exercise, the impact of poor nutrition and lack of exercise. Learn how to improve overall health by improving diet and increasing physical activity levels. Sponsored by Johns Hopkins Sidney Kimmel Comprehensive Cancer Center. Please sign up at the front desk.

FEBRUARY 2025



Black History in Motion

Publick Playhouse

PARKS DIRECT: PGPP-SPEC-GA-20250207

Transportation leaving from GBSAC at 10am.

Join us on a journey through the American experience recognizing the contributions of African Americans to U.S. history and culture while enjoying the sounds of GP Promotions as they perform some old school R & B. Tickets may be purchased at pgparks.com, the Publick Playhouse, any Senior Activity Center, or any M-NCPPC Facility. **A printout of your ticket(s) is required for admission to the concert.** The Publick Playhouse is located at 5445 Landover Road, Cheverly, MD 20784. Transportation provided! You must register for transportation using the following Parks Direct code: **GBSAC-20250207. TRANSPORTATION FEE IS NOT INCLUDED IN THE CONCERT TICKET PRICE.** Meals at your own expense. Register early - transportation spaces are limited.

Friday, February 7

11 am-12:30 pm

FEE: \$10(R); \$13 (NR)

Bon Appetite: Jerry's Seafood Restaurant, Bowie, MD

\$15 (R); \$20 (NR)

PARKS DIRECT code: GBSAC-20250211

For more than 35 years, Jerry's Seafood has been serving the Washington D.C. Area with its signature trademarked dish 'The Crab Bomb™'. Jerry's is known for other delights like their homemade soups, crab cakes, fresh fish, Grandma Gainey's stewed tomatoes, her coleslaw, and the Mariner's Platter. Meals at your own expense. Transportation provided.

Tuesday, February 11

10 am - 3 pm

Valentine's Day Card Exchange

FREE

Valentine's Day is a day for LOVE! Love can be shown in many relationships, man and woman, mother and daughter, father and son, sister and brother, friend and friend, and many others. Show your talent by creating a card to be shared by someone in the room. Cards will be provided along with light refreshments. Everybody: **WEAR RED AND WHITE!** Please sign up at the front desk

Friday, February 14

12-1 pm

The Dangers of Smoking and Vaping and Help to Quit

FREE

This session will define cigarette and vaping use. You will also learn how it impacts your health and ways to quit and avoid future use. Sponsored by Johns Hopkins Sidney Kimmel Comprehensive Cancer Center. Please sign up at the front desk.

Tuesday, February 18

11 am-12 pm

Gwendolyn Britt Senior Activity Center – ACTIVITIES – FREE

MONDAYS



FANTASTIC MONDAYS FREE MOVIE DAYS (12:30 – 2:30 pm): Movies are fun to watch and with the pandemic we missed seeing a lot of them. So let us know what you would like to watch! **MUST HAVE A MINIMUM OF 10 PATRONS.**

TUESDAYS



INDOOR PICKLEBALL (9 – 11 am): Not sure how to play? Come anyway, we will help you!
BINGO (12:30 - 1:30 pm): Everybody is a winner!

WEDNESDAYS



GAME DAY (12 – 3 pm): Dominoes, Spades, Trouble, Uno, and others!

THURSDAYS



SENIOR SHAPE EXERCISE CLASS (11:30 am – 12:15 pm)
ARTS & CRAFTS (12:30 - 2 pm, 1st and 3rd Thursdays): Tap into your creativity!

FRIDAYS



GAME DAY (12:30 – 3 pm): Dominoes, Spades, Trouble, Uno, and others!

YOU ARE WELCOME!!!

FITNESS ROOM – FREE TO USE



Gwendolyn Britt Senior Activity Center
4009 Wallace Rd., North Brentwood, MD 20722
(301) 699-1238

SENIOR SHAPE – EXERCISE CLASS AND BLOOD PRESSURE SCREENING - FREE

Senior Shape Exercise Class Sponsored by: NIH Heart Center at Suburban Hospital	Multi-purpose Room A	<u>THURS</u> Dec 5-26 Jan 2030 Feb 6-27	11:30 am –12:15 pm	Free
Blood Pressure Screenings	Multi-Purpose Room A	<u>THURS</u> Dec 5 Jan 2 Feb 6	12:30 – 1:15 pm	Free

AARP Smart-Driver Courses

Friday, December 6	10 am - 3 pm
Friday, January 10	10 am - 3 pm
Friday, February 21	10 am – 3 pm

Tune up your driving skills and update your knowledge about rules of the road. Learn about normal age-related physical changes, and how to adjust your driving to allow for these changes. Contact Ted Peterkin at (240) 603 2950 to register and pay for the course.

SENIOR SMARTRIP INFORMATION



WMATA SENIOR SMARTRIP CARDS – NO LONGER SOLD AT GWENDOLYN BRITT SENIOR ACTIVITY CENTER.

FOR MORE INFORMATION ON HOW TO PURCHASE A SMARTRIP CARD VISIT
www.wmata.com/fares/smartrip

DISABILITY ACCOMMODATIONS

The Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register a minimum of two weeks in advance of the program start date to request and receive disability accommodation.



IMPORTANT PHONE NUMBERS

Senior Nutrition/Transportation	301-265-8475
Legal Aid	301-927-6800
Department of Family Services	301-265-8401
Seniors County Information	301-265-8450
Medicare Information	800-633-4227
Call-A-Bus	301-499-8603

SENIOR NUTRITION PROGRAM

The Senior Nutrition Program is offered Tuesdays and Wednesdays here at Gwendolyn Britt featuring a healthy, well-balanced meal by the Prince George's County Department of Family Services. Individuals who are 60 & better can reserve a meal by contacting our Nutrition Manager, Barbara Goldsmith, at 301-277-4231 or by stopping by the kitchen or by calling the Department of Family Services, Aging Services Division at (301) 265-8475.

You must register at least one day in advance. The suggested donation is \$4.00. If you need to cancel your meal, please do so at least two (2) days in advance with Nutrition Manager Barbara Goldsmith, at 301-277-4231. Please bring exact change to cover your donation.

Transportation: Transportation services can be reserved directly by the Seniors. They must call DPW&T Intake line (301) 499-8603 to reserve their transportation ride to the Senior Center and must participate in the lunch program in order to be transported.

Note: There will be no lunch program when Prince George's County schools have a delayed opening or are closed due to inclement weather conditions.

Reminder. Lunch is subject to change depending on the Aging Services Division Office schedule.

FOR YOUR INFORMATION

Moved? Number changed?

Update Your Information

From time to time, please stop at the office and make sure your personal information is correct. Let us know if you have any changes including emergency contact names and phone numbers.

Volunteer Opportunities

Do you have a special skill or talent you would like to share with others? Would you like to teach classes to seniors here at the Gwendolyn Britt Senior Activity Center? If so, give us a call at (301) 699-1238.

NO SMOKING POLICY

In accordance with Maryland State Law, there is **NO SMOKING on M-NCPPC property.** This includes vehicles, enclosed buildings and outdoors. Outdoor areas include facility grounds, parking areas, parks, picnic areas, ballfields, etc.

WEATHER POLICY



Sign up for PG Parks Alerts and get the latest information on M-NCPPC closings due to weather, facility maintenance and other emergencies. Visit our website at www.pgparcs.com today!