



## 2024 Club 300 Fall Group Walk Schedule

All group walks are on Monday morning beginning at 8:30 am and conclude by 10:30 am. **Pre-registration is not required, however everyone attending the walk must sign in and out.** Please also bring your own water and if needed, your own snack.

### September 2024

- September 2            Labor Day – NO GROUP WALK
- September 9            Fort Washington National Park  
Meet at: parking lot closest to the fort  
13511 Fort Washington Road, Fort Washington 20744
- September 16           Lake Artemesia  
Meet at: Entrance to Lake Artemesia,  
5400 Block Berwyn Road at Ballew Ave., Berwyn Heights 20740
- September 23           Washington, Baltimore Annapolis Trail  
Meet at: Glenn Dale Community Center  
11901 Glenn Dale Blvd., Glenn Dale, 20769
- September 30           Washington, Baltimore & Annapolis Trail  
Meet at: Foxhill Park  
5001 Collington Road, Bowie, MD 20715

### October 2024

#### **Wednesday, October 2 - Maryland Walking Day Events**

October is known as [WALKTOBER](#) in Maryland. It is the month when the Maryland Department of Transportation (MDOT) and [Partners](#) from across the State of Maryland host walking events and programs to promote Maryland's official exercise, "WALKING". Also, Wednesday, October 3<sup>rd</sup>, 2023 is [Walk Maryland Day!](#) It is the day that Marylanders celebrate "Walking" by setting aside time to go for a WALK.

**8–10 am**

**Watkins Regional Park (located near the carousel)**

**301 Watkins Park Drive, Upper Marlboro 20774**

**Please register: Parks Direct Ticket Code: SPD-SPEC-GA-20241002**

Come walk with us! Celebrate Maryland Walking Day by walking (or rolling) a few laps through the park on our beautiful Loop Trail. Walking is a fun way to exercise that can be included in your daily routine. Walk as many laps as you can and earn prizes as you go! Learn walking safety tips from the Maryland Department of Transportation. **All ages; FREE**

**12pm – 1pm**

**Ridgeley Rosenwald School**

**8507 Central Avenue in Capitol Heights, MD 20743**

To support Walk Maryland Day and promote Walking, the Department of Public Works & Transportation's Bicycle and Pedestrian Program will partner with the Prince George's County Alumnae Chapter of Delta Sigma Theta Sorority, Inc. and M-NCPPC Department of Parks & Recreation, Prince George's County for the 3<sup>rd</sup> year to co-host a **"Walk Maryland Day Multigenerational Walk at Historic Ridgeley Rosenwald School"** at 12 Noon on October 3<sup>th</sup>. This free, family-friendly walking event is open to the public and will take place at.

Registration is required. Go to <https://mdot.maryland.gov/tso/pages/Index.aspx?PageId=79> & [Register as a "Sole Mate"](#) to join the Walking Group named Walk Maryland Day Multigenerational Walk at Historic Ridgeley Rosenwald School.

October 7                      Bladensburg Waterfront - Anacostia River Trail  
Meet at: Bladensburg Waterfront Park  
4601 Annapolis Road, Bladensburg, 20710

October 14                     Henson Creek Trail  
Meet at: Tucker Road Community Center  
1771 Tucker Road, Fort Washington, 20744

October 21                     Cosca Regional Park  
Meet at: main entrance by the ball fields  
11000 Thrift Road Clinton, 20735

October 28                     Buddy Attick Lake Park  
Meet at: Picnic tables overlooking the lake  
555 Crescent Road, Greenbelt, 20770

**November 2023**

November 4                    Watkins Regional Park Perimeter Trail  
Meet at: Administration building/tennis bubble parking lot  
301 Watkins Park Drive, Upper Marlboro, 20774

November 11                   Allen Pond Park  
Meet at: Allen Pond Parking lot by the playground  
3330 Northview Drive, Bowie, 20716

November 18                   Lake Artemesia  
Meet at: Entrance to Lake Artemesia,  
5400 Block Berwyn Road at Ballew Ave., Berwyn Heights 20740

November 25                   Washington, Baltimore Annapolis Trail  
Meet at: Glenn Dale Community Center  
11901 Glenn Dale Blvd., Glenn Dale, 20769

**Club 300 Weather Policy:** For outdoor group walks, in the event of inclement weather (heavy rain, lightning, weather advisories, code red days), outdoor group walks will be cancelled.

**PG Parks Alerts:** Sign up for our PG Parks Alerts and get the latest information on M-NCPPC closures due to weather, maintenance or other emergencies. Go to [PGParks Alerts | MNCPPC, MD](#)

**Weekly E-Newsletter:** Sign up for our weekly e-newsletter. A short summary of the week's best events and activities will be in your inbox every Monday morning—we promise it's a quick read. Be sure to share with friends and family! [Form Center • MNCPPC, MD • CivicEngage \(pgparks.com\)](#)

For more information, email [seniors@pgparks.com](mailto:seniors@pgparks.com) or call 301-446-3403

To register for Club 300 or record your miles:  
[Seniors - Park and Recreation - Prince Georges County MD \(pgparks.com\)](#)

