



2024 Cycling Seniors Club Schedule

SPRING – APRIL & MAY

Registration begins on Wednesday, February 14

Cycling is a full body and mind exercise! Join the Park Rangers and the *Cycling Seniors* Cycle Club this spring! We have rides for both new and more experienced riders.

Please bring your own bicycle and helmet. A waiver of liability will need to be signed. **This program is FREE for Prince George's County Residents only, 60 years of age and better!** Club rides will generally take place on Wednesdays of each month – April through October, (possibly November) weather permitting. All riders must be able to transport their own bikes to meeting locations. Any questions, please contact Seniors@pgparks.com or call 301-446-3403.

To Register: www.pgparksdirect.com

Search by activity code: 17549 the easiest way to find the club rides or key word "cycling"

Wednesday, April 10, 2024

Washington, Baltimore & Annapolis (WB&A) Trail 9-11:30 am

PARKS DIRECT ACTIVITY CODE: 17549-278C

Arrive: 9 am; push off at 9:30 am

Meet/Ride Begins: Glenn Dale Community Center

11901 Glenn Dale Blvd. Glenn Dale, 20769

This flat and paved trail extends from Route 450 in Glenn Dale, running northeasterly to the Patuxent River. This trail is appropriate for beginner and intermediate cyclists. We will be riding a total of approximately 12 miles.

Wednesday, May 8, 2024

Lake Artemesia/Paint Branch Trail/Anacostia River Trail, 8:30 – 11:30 am

PARKS DIRECT ACTIVITY CODE: 17549-278D

Arrive: 8:30 am; push off at 9 am

Meet/Ride Begins: Lake Artemesia, Berwyn Rd & 55th Ave

Berwyn Heights, College Park, MD 20740

This ride will start at Lake Artemesia and we will ride to the Aquatic Gardens approximately 14 miles round trip. This trail is flat/paved and appropriate for beginner and intermediate cyclists.

