Laurel - Beltsville Senior Activity Center

Fall 2023 Calendar

September, October, November 2023



Hours of Operation

Monday - Thursday: 8 am - 8 pm Saturday: 8 am - 2 pm Friday: 8 am - 5 pm Sunday: Closed

Holiday Closures

Monday, September 4 Thursday, November 23 Friday, November 24

Labor Day
Thanksgiving
Employment Appreciation Day

Registration Begins:

- Wednesday, August 16 at 9:00 AM for Prince George's County Residents. Wednesday, August 23 at 9:00 AM for Montgomery County and Non-residents.
- HOW TO REGISTER: www.pgparksdirect.com or in-person at any M-NCPPC facility.
- Classes Register early as spaces are limited and filled on a first-come, first-served basis. Programs that don't meet the minimum number required to hold the program will be cancelled one week prior to the starting date of that program and any funds paid will be credited back to patrons.
- See refund policy on last page.
- A fee assistance program is available for residents who need financial help to participate in our classes (not trips) with a fee greater than \$35. Fee reduction may be available based on your income and family size. Visit www.pgparks.com or ask center staff for details.

REV. 8/8/23

Senior Nutrition Program & Transportation

The Prince George's County Senior Nutrition Program is back in operation at Laurel-Beltsville Senior Activity Center with meals being served on Monday-Friday in two sessions:11:30 am - 12 Noon or 12:15 - 12:45 pm. Seniors 60 years and older are eligible for the Senior Nutrition Program. You must complete a registration form and make a reservation for your meal. Registration forms and a "Frequently Asked Questions" document are available at the Senior Center. Reservations must be made a week in advance and after a registration form has been submitted. The suggested donation is \$4.00. If you need to cancel your meal, please do so at least two days in advance with Rene, the Nutrition Manager at 301-206-3368.

Limited round-trip transportation services to LBSAC are available for registered lunch program participants. To schedule transportation, please contact the Department of Public Works & Transportation's intake line at 301-499-8603, option 6.

Note: There will be no lunch program when Prince George's County Public Schools have a two-hour delayed opening or are closed due to inclement weather conditions. Additional lunch days may be added as the need grows.

WMATA Senior SmarTrip Card



For seniors ages 65 & better, you can purchase a Metro Senior SmarTrip card at the center for only \$2. Bring photo ID and proof of age. This card provides discounted fares on the Metro bus and rail.

GOING GREEN



- * Please take only one (1) Senior Activity Calendar per season per household.
- * Avoid paper clutter. Learn how to find the information you need online!
- * Recycle paper, bottles & cans.
- * Never litter! Please dispose of garbage properly.

PG Parks Alerts!



Get information on M-NCPPC for closures, cancellations, and emergencies by text or email. Sign-up today by visiting www.pgparks.com and click on the icon. You will need your mobile phone number or email address and your zip code to complete registration.

Requirements to participate in M-NCPPC Senior Activity Centers

Eligibility requirements for participation at the Senior Activity Centers and senior classes/programs are:

- Minimum age of 60 or a Pre-Senior membership
- A M-NCPPC PARKS DIRECT Senior or Pre-Senior Identification Card
- Ability to participate in a recreation program setting that has 1-2 staff present (group size may vary from large to small daily)
- Ability to participate in recreational activities with minimal personal assistance
- Ability to take care of personal needs (i.e. personal hygiene, eating, mobility, medication, etc.)

Class Name	<u>Day/Dates</u>	<u>Time</u>	PARKS DIRECT #	<u>Fee</u>
Drawing Techniques: Beginners 50 & Up (6 weeks)	<u>Tue</u> Sep 5 - Oct 10 Oct 17- Nov 21	10 am - 12 pm	30438-546A 30438-546E	\$52 (R); \$68(NR)
Drawing Techniques: Beginners 18 & Up (6 weeks)	Wed Sep 6 - Oct 11 Oct 18- Nov 22	5 - 7 pm	30438-546D 30438-546H	\$52 (R); \$68(NR)
Drawing Techniques: Intermediate 50 & Up (6 weeks)	<u>Tue</u> Sep 5 - Oct 10 Oct 17- Nov 21	1:30 - 3:30 pm	30438-546B 30438-546F	\$52 (R); \$68(NR)
Drawing Techniques: Intermediate 50 & Up (6 weeks)	<u>Wed</u> Sep 6 - Oct 11 Oct 18- Nov 22	2 - 4 pm	30438-546C 30438-546G	\$52 (R); \$68(NR)
Hand Dance: Seniors 60 & Better	Fri Sep 15 - Oct 6 (4 weeks) Oct 13 - Nov 17 (6 weeks)	10:30 am - 11:45 am	23510-546A 23510-546B	\$34 (R); \$45 (NR) \$52 (R); \$68 (NR)
Jewelry Making: Beginners 50 & Better (4 weeks) *Supplies Included*	Fri Sep 1 - Sep 22 Sep 29 - Oct 20 Oct 27- Nov 17	10- 11 am	30429-546A 30429-546B 30429-546C	\$45 (R); \$59 (NR)

(R) - Residents of Prince George's County and Montgomery County (NR) - Non-Residents of Prince George's County and Montgomery County

Laurel-Beltsville Senior Activity Center: CLASSES

<u>Class Name</u>	Day/Dates	<u>Time</u>	PARKS DIRECT #	<u>Fee</u>
Balance, Stretch, &Tone: Seniors 60 & Up (4 weeks)	Thu Sep 7 - Sep 28 Oct 5- Oct 26 Nov 2- Nov 30	9:30 - 10:30 am	17543 -546A 17543 -546B 17543 -546C	\$37 (R); \$49 (NR)
Balance, Stretch, &Tone: Seniors 60 & Up (4 weeks)	Tues Sep 5 - Sep 26 Oct 3- Oct 24 Oct 31 - Nov 21	1 pm- 2 pm	17543 -546D 17543 -546E 17543 -546F	\$37 (R); \$49 (NR)
Belly Dancing: Seniors 50 & Up (6 weeks)	Mon Sep 11 - Oct 16 Oct 23 - Nov 27	4 pm - 5 pm	17522 - 546A 17522 - 546B	\$45 (R); \$58 (NR)
Billiards: Level I 18 & Up (6 weeks)	Wed Sep 20 - Oct 18	5:30 pm - 7 pm	27414546A	\$37 (R); \$49 (NR)
Billiards: Level II 18 & Up (6 weeks)	<u>Wed</u> Oct 25 - Nov 29	5:30 pm - 7 pm	27422546B	\$37 (R); \$49 (NR)
Ceramics: All Levels 50 & Up (10 weeks)	Tues Sep 26 - Nov 28	10 am - 2 pm	30403-546A	\$75(R); \$98(NR)
Ceramics: All Levels 50 & Up (10 weeks)	<u>Wed</u> Sep 27 - Nov 29	10 am - 2 pm	30403-546B	\$75 (R); \$98(NR)
Ceramics: All Levels 50 & Up (10 weeks)	<u>Thu</u> Sep 28 – Nov 30	10 am - 2 pm	30403-546C	\$75 (R); \$98(NR)
Chair Aerobics: Seniors 50 & Up (4 weeks)	Tues & Fri Sep 5 - Sep 29 Oct 3 - Oct 27 Oct 31- Nov 28	(T) 9:30 - 10:30 am (F) 12 - 1 pm	17445 -546A 17445 -546B 17445 -546C	\$52 (R); \$68 (NR)

Laurel-Beltsville Senior Activity Center: CLASSES

<u>Class Name</u>	<u>Day/Dates</u>	<u>Time</u>	PARKS DIRECT #	<u>Fee</u>
Chinese Brush Paint: Adults (Beg. & In- ter.) 18 & Up (12 weeks)	<u>Mon</u> Sep 11 - Nov 27	5:15 - 7:15 pm	30410-546A	\$70 (R); \$91(NR)
Drawing: Colored Pencil 50 & Up (12 weeks)	<u>Wed</u> Sep 6 - Nov 22	10 am - 12:00 pm	30407-546A	\$65 (R); \$85(NR)
Drawing: Colored Pencil 50 & Up (12 weeks)	Thu Sep 7 - Nov 23	10:00 am - 12:00 pm	30407-546B	\$65 (R); \$85(NR)
Exercise: Adults 50 & Better (4 weeks)	Mon, Wed, & Fri Sep 6 - Oct 2 Oct 4 - Oct 30 Nov 1- Nov 29	9:00 am - 10:00 am	17435 -546A 17435 -546B 17435 -546C	\$37 (R); \$49 (NR)
Exercise: Adults 50 & Better (4 weeks)	Mon & Wed Sep 6 - Oct 2 Oct 4 - Oct 30 Nov 1- Nov 27	11:00 am - 12:00 pm	17435 -546D 17435 -546E 17435 -546F	\$32 (R); \$42 (NR)
Fitness Room Training 60 & Up (4 weeks)	Mon & Wed Sep 6 - Oct 2 Oct 4- Oct 30 Nov 1 - Nov 27	1:00 pm - 2:00 pm	17513 - 546A 17513 - 546B 17513 - 546C	\$37 (R); \$49 (NR)
Line Dance: Seniors, Beginners 60 & Better	Tues Sep 5 - Oct 10 Oct 17 - Nov 21 (6 weeks)	11:00 am - 12:00 pm	23501-546A 23501-546B	\$52 (R); \$68 (NR)
Spanish: Adults, Beginners 18 & Up (8 weeks)	<u>Mon</u> Sep 11 - Oct 30	5:00 pm - 6:30 pm	20422-546A	\$60 (R); \$78 (NR)

Laurel-Beltsville Senior Activity Center: CLASSES

Class Name	<u>Day/Dates</u>	<u>Time</u>	PARKS DIRECT #	<u>Fee</u>
Spanish: Adults, Beginners 18 & Up (8 weeks)	<u>Sat</u> Sep 9 - Oct 28	9:00 am - 10:30 am	20422-546B	\$60 (R); \$78 (NR)
Tai Chi: Seniors, Beginners 60 & Up (12 weeks)	<u>Mon</u> Sep 11 - Nov 27	2:45 pm - 3:45 pm	17528-546A	\$72 (R); \$94 (NR)
Yoga: Beginners (with Theresa) 50 & Up (12 weeks)	<u>Mon</u> Sep 18 - Nov 30	1:15 pm - 2:30 pm	17413-546A	\$75 (R); \$98 (NR)
Yoga: Beginners (with Theresa) 50 & Up (12 weeks)	Thu Sep 21 - Nov 30	12:00 pm - 1:15 pm	17413-546B	\$75 (R); \$98 (NR)
Yoga (CHAIR) Seniors 50 & Up (12 weeks)	<u>Mon</u> Sep 18 - Nov 27	12:05 pm- 1:05 pm	17658 - 546A	\$75 (R) \$98 (NR)
Zumba: Adults (with Maggie) 18 & Up (6 weeks)	Wed Sep 6 - Oct 11 Oct 18- Nov 22	5:00 pm - 6:00 pm	17414-546A 17414-546B	\$52 (R); \$68(NR)
Zumba: Adults (with Maggie) 18 & Up (6 weeks)	Fri Sep 1 - Oct 6 Oct 13- Nov 17	1:15 pm - 2:15 pm	17414-546C 17414-546D	\$52 (R); \$68(NR)

Laurel-Beltsville Senior Activity Center: AVENUE OF THE ARTS

UPCOMING AVENUE OF THE ARTS



FEATURING...

Russ Lehman

August 28 - September 29

Pamela Steed

October 2 - December 1

Laurel-Beltsville Senior Activity Center: ONE DAY CLASS

Candle Making Class

Monday, September 11, 2023

\$ 20 (R); \$ 25 (NR)

ACTIVITY code: 15502-546A

1 - 2 pm

The Blended Essentials is back! Enjoy learning how to make candles with us. All supplies will be provided. Deadline to register is September 5. Registration is available online at pgparksdirect.com or in-person at any M-NCPPC facility in Prince George's County.

Laurel-Beltsville Senior Activity Center: SPECIAL EVENTS

Harpist Patio Concert

Tuesday, September 12, 2023

\$10 (R); \$13 (NR)

6 - 7 pm

PARKS DIRECT code: LBSAC-SPEC-GA-20230912

Join us for a musical performance from harpist, Kristen Jepperson, as she plays classical and modern tunes. Enjoy light refreshments and non-alcoholic drinks during the show. Deadline to register is August 29. Registration is available online at pgparksdirect.com or in-person at any M-NCPPC facility in Prince George's County.

Fall Fish Fry

Friday, September 29, 2023

\$15 (R); \$20 (NR)

11 am - 3 pm

PARKS DIRECT code: LBSAC-SPEC-GA-20230929

Join us for a Fall Fish Fry! Enjoy a delicious spread of fried fish, sides, desserts, and non-alcoholic drinks while enjoying music from a live DJ. Activities and games will be available, as well. Deadline to register is September 11. Registration is available online at pgparksdirect.com or in-person at any M-NCPPC facility in Prince George's County.

Card Game Party

Wednesday, October 4, 2023

\$7(R);\$9(NR)

11 am -4 pm

PARKS DIRECT code: LBSAC-SPEC-GA-20231004

Do you play UNO!TM, Spades, Bid Whist, Pinochle, or any other card games? If so, join us for this fun social event! "How To Play" & Rule Sheets will be provided for each game. Enjoy pizza, wings, and non-alcoholic drinks while meeting new people for a friendly card game. Deadline to register is September 20. Registration is available online at pgparksdirect.com or in-person at any M-NCPPC facility in Prince George's County.

Treat Giveaway

Tuesday, October 31, 2023

FREE

 $1 \, \text{pm} - 2 \, \text{pm}$

PARKS DIRECT code: LBSAC-SPEC-GA-20231031

Grab your FREE treat bag in the front lobby! Deadline to register is October 24. Registration is available online at pgparksdirect.com or in-person at any M-NCPPC facility in Prince George's County.

Laurel-Beltsville Senior Activity Center: SPECIAL EVENTS

Masquerade Party

Thursday, November 9, 2023 11 am - 3 pm

\$15 (R); \$20 (NR)

PARKS DIRECT code: LBSAC-SPEC-GA-20231109

Join us for a mysterious night in your best mask and in your dress to impress outfits to match! Enjoy music from a live DJ, a photo booth, and a light catered lunch. Deadline to register is November 2. Registration is available online at pgparksdirect.com or in-person at any M-NCPPC facility in Prince George's County.

Thanksgiving Fellowship Luncheon FREE

Friday, November 17, 2023 11 am - 2 pm

PARKS DIRECT Ticket Code: LBSAC-SPEC-GA-20231113

Join us for our annual Thanksgiving Luncheon! Enjoy a catered meal and live entertainment. Deadline to register is November 10. This event is FREE for those who register in advance and bring in an unexpired canned good for a local food shelter. Registration is available online at pgparksdirect.com or in person at any M-NCPPC facility in Prince George's County.

Laurel-Beltsville Senior Activity Center: EDUCATIONAL WORK-

Lecture from Podiatrist: Dr. Janney (VIRTUAL)

Wednesday, September 27, 2023

FREE
PARKS DIRECT Ticket Code: LBSAC-SPEC-GA-20230927

2 - 3 pm

Join us for a virtual educational lecture by podiatrist Dr. Heather Janney from University of Maryland Laurel Medical Center. Dr. Janney will provide an overview of information related to the importance of podiatry and diabetic issues. Deadline to register is September 20. Registration is available online at pgparksdirect.com or in-person at any M-NCPPC facility in Prince George's County.

Hips & Knees Arthritis (IN-PERSON) FREE

Monday, November 13, 2023

2 - 3 pm

PARKS DIRECT Ticket Code: LBSAC-SPEC-GA-20231123

Join us for an in-person educational lecture by podiatrist Dr. Sumon Nandi from University of Maryland Laurel Medical Center. Dr. Nandi will provide an overview of hip and knee arthritis. Deadline to register is November 6. Registration is available online at pgparksdirect.com or in-person at any M -NCPPC facility in Prince George's County.

Fall Memory Screening FREE

Monday, November 27, 2023

10 am - 12 pm

Free Confidential Memory screening, the memory screening is a simple and safe "Healthy Brain Check-up" that tests memory and other thinking skills. Sign-up in the lobby for designated time slots.

Laurel-Beltsville Senior Activity Center: TRIPS

Rio Lakefront \$12 (R); \$16 (NR) Thursday, September 7, 2023 11 am - 5 pm

PARKS DIRECT Ticket Code: LBSAC-20230907

Explore Rio Lakefront in Gaithersburg! Enjoy the scenery and shopping opportunities around the plaza. Meet for lunch, at your own expense, at Tex-Mex restaurant, Guapo's Restaurant. This trip includes transportation to and from the destination. Register for this trip at pgparksdirect.com or at any M-NCPPC facility in Prince George's County by August 31.

Broadway: MJ The Musical

Wednesday, September 13, 2023

\$215 (R); \$280 (NR)

7 am - 11 pm

PARKS DIRECT Ticket Code: LBSAC-20230913

Travel to New York City with us to see the popular Broadway show "M.J The Musical" with Orchestra seating. Enjoy exploring the exciting city, **on your own by foot**, before and after the show. This trip will include charter bus transportation and the ticket show cost. Any purchases, including meals, outside of transportation and tickets will be at your own expense. Please bring water and snacks along for the ride. Deadline to register is September 6. Registration is available online at pgparksdirect.com or in-person at any M-NCPPC facility in Prince George's County. **(SEE LAST PAGE FOR MORE DETAILS)**

Butcher's Orchard \$15 (R); \$19 (NR) Thursday, September 21, 2023

9 am - 5 pm

PARKS DIRECT Ticket Code: LBSAC-20230921

Join us as we visit Butcher's Orchard! Pick a variety of fruit, at your own expense, at the beautiful orchard. Purchase a picking bag or container at the site. Outside containers or bags are not permitted. Enjoy lunch at Carrabba's Italian Grill at your own expense. This trip includes entry onto the farm and transportation. Register for this trip at pgparksdirect.com or at any M-NCPPC facility in Prince George's County by September 14.

The Walter Art Museum

Thursday, October 5, 2023

\$12 (R); \$16 (NR)

9 am - 4 pm

PARKS DIRECT Ticket Code: LBSAC-202301005

Explore the Walter Art Museum in Baltimore with us. Enjoy lunch at, at your own expense, at Hard Rock Café. This trip includes transportation to and from destinations. Register for this trip by September 28 online at pgparksdirect.com or in-person at any M-NCPPC facility in Prince George's County.

Annapolis Dutch Market

Thursday, October 26, 2023

\$12 (R); \$16 (NR)

9 am - 3 pm

PARKS DIRECT Ticket Code: LBSAC-20231026

Bring your reusable shopping bags and join us for a trip to the Dutch Market in Annapolis Grab some fresh produces and check out the different vendors at the market. This trip includes transportation to and from the market. Register for this trip by October 19 at pgparksdirect.com or in-person at any M-NCPPC facility.

Laurel-Beltsville Senior Activity Center: TRIPS

Clarksburg Premium Outlets

Thursday, November 2, 2023 9 am - 6 pm

\$12 (R); \$16 (NR)

PARKS DIRECT Ticket Code: LBSAC-20231102

Start some of your holiday shopping early! Join us for a trip to Clarksburg Premium Outlets. Grab lunch, at your own expense, at one of the fast food restaurants in the outlets. This trip includes transportation to and from the destination. Register for this trip at pgparksdirect.com or at any M-NCPPC facility in Prince George's County by October 26.

Bailey's Dover Casino

Thursday, November 16, 2023

8 am - 6 pm

\$77 (R); \$100 (NR)

PARKS DIRECT Ticket Code: LBSAC-20231116

Travel with us to Dover, DE to the Bailey's Dover Casino! Grab something to eat, at your own expense, at one of the restaurants in the casino. This trip includes transportation, on a mini-coach bus, to and from the destination. There will be one rest stop made going and coming from the casino. Register for this trip by November 9 at pgparksdirect.com or in person at any M-NCPPC facility.

Senior Services: SPECIAL EVENTS

ACTIVE AGING: Yoga Wednesday, September 20, 2023

FREE 3 - 4 pm

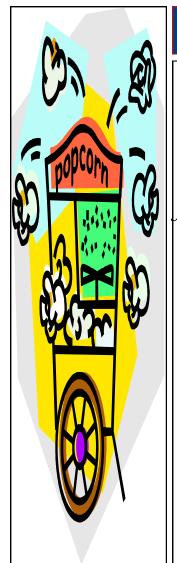
ACTIVITY Code: 17413-546AA

It's Active Aging Week! Join us for this free yoga class at Laurel-Beltsville Senior Activity Center. Learn basic yoga to improve health and flexibility and/or practice skills previously learned. Register for this class at www.pgparksdirect.com or at in M-NCPPC facility in Prince George's County.

STAY TUNED FOR THE FOLLOWING UP COMING **EVENTS:**

ACTIVE AGING WEEK (Sep 18- Sep 21) **SENIOR PICNIC** (Sep 22) **VETERANS LUNCHEON** (Nov 3)

Laurel-Beltsville Senior Activity Center: MOVIES



Catch a Movie with Us!

Note: Please see the listing posted in the center lobby for movie titles. Movies will be offered from 10:00 -12 Noon on the following dates:

Thursday, September 28

Thursday, October 26

Thursday, November 30



NO SMOKING POLICY

In accordance with Maryland State Law, effective June 30, 2016, there will be **NO SMOKING on M-NCPPC property**. This includes vehicles, enclosed buildings and outdoors. Outdoor areas include facility grounds, parking areas, parks, picnic areas, and ballfields.

Special Groups & Club Meetings

ACTIVITY	DAY	TIME	FEE
Bid Whist	Tuesday & Friday	11 am - 4 pm	FREE with ID
Bridge	Wednesday	1 - 4 pm	FREE with ID
Fan Tan	4th Wednesday	12:10 - 3:50 pm	FREE with ID
Chess Drop-In	Thursday	2 - 4:45 pm	FREE with ID

Laurel Senior Friendship Club (LSFC)			
General Membership Meeting	2nd Wednesday	10:30 am - 1:30 pm	
Bingo	Every Tuesday	12 Noon - 3 pm	
New Member Orientation Program	Call LSFC office at 301-206-3380 for orientation dates and times.		
Exec/Chairpersons Meetings	1st Wednesday 9 am - 1 pm		
Loving Hands Comfort Blankets for breast cancer patients (now part of LSFC). Materials and instructions provided; must have basic knowledge of how to crochet.		11 am - 1 pm	

Coffee and Cops for Seniors

General Meeting restart date TBD.	1st Thursday of the Month	1 - 2 pm
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Laurel-Beltsville Senior Activity Center: Information Corner



IMPORTANT PHONE NUMBERS

Dept. of Public Works & Transportation	301-499-8603
·	Option 6
Dept. of Family Services	301-265-8401
Seniors County Information	301-265-8450
Medicare Information	800-633-4227
Call-A-Bus	301-499-8603

For Your Information

Membership

LBSAC membership is required by all patrons. M-NCPPC Senior ID membership cards are available at no charge Prince George's Montgomery and County residents age 60 and better. Pre-senior membership is available for a fee. Membership must be every renewed 12 months. Visit the Front desk for more information.

Refund Policy

The registrant is entitled to a 100% refund, or credit to account, in the event that M-NCPPC cancels a course. Registrant may withdraw from a course at any time prior to course end, and be entitled to receive a pro-rated credit to account, based on the number of classes remaining at the time the withdrawal is requested. All withdrawals performed within 7 days of the course start must be processed by the facility offering the program; withdrawals with additional advanced notice may be processed online. If registrant chooses to request a refund, a 20% Refund Administration Fee will be imposed, reducing the amount to be refunded. Trip refunds are only available if your registration is replaced by someone on the waiting list. No requests for refunds will be accepted after a course is completed. No cash refunds will be allowed. Refunds for credit card purchases will be issued as a credit to the PARKS DIRECT account, subject to the 20% Refund Administration Fee. Check refunds may take 3 - 4 weeks to process. No refund or credit will be issued for classes missed by the participant. Some activities have different Refund/Withdrawal Policies that supersede this standard policy, as identified in the course description or details.

Disability Accommodations

M-NCPPC, Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register at least a minimum of two weeks in advance of the program start date to request and receive a disability accommodation. To contact the Program Access office directly, e-mail northern.inclusion@pgparks.com or call 301-

Inclement Weather Policy and Closures

Get up to date information on M-NCPPC closures, cancellations and emergencies by text or email. Sign up today by visiting www.pgparks.com and click on the **PGPARKS ALERTS!** icon. You will need a mobile phone or an email address and your zip code to complete the registration.



MJ THE MUSICAL TRIP DETAILS

Wednesday, September 13, 2023 7 am- 11 pm

ITINERARY

PATRON ARRIVAL	6:30- 6:40 AM
LBSAC DEPARTURE	7:00 AM (SHARP)
STOP 1: Maryland Travel House (15 mins)	Est. 8 AM
NEW YORK	Est. 11:10 AM
EXPLORE TIME	11:10 AM- 1:30PM
SHOW TIME (2 1/2 HOURS)	2 PM
EXPLORE TIME	4:40- 6:40 PM
NY DEPARTURE	7 PM
STOP 2: Maryland Travel House (15 mins)	Est. 9:45 PM
LBSAC RETURN	11 PM

IMPORTANT DETAILS

- Transportation will be provided on a charter bus with a restroom. The bus will not be available for patrons to wait on, please prepare to take all your belongings with you.
- This is **NOT** a guided tour and there will be walking involved. Exploring time is independent, however, patrons will have a M-NCPPC point person to contact in the event assistance is needed. We will also be using the "buddy system" (pairing up) for safety purposes.
- Patrons will be provided with resources such as area maps, suggested sights, and emergency plan for exploring time on the morning of the trip. Please plan to limit your exploring to Broadway District area.
- All expense outside of transportation and show tickets are at the patrons own expense.
- Patrons will be emailed emergency contact information to complete 1 week prior to the trip to complete and provide on the morning of the trip.
- Trip refunds are only available if your registration is replaced by someone on the waiting list.
- For any further questions or additional information please contact Shavona Potter at shavona.potter@pgparks.com or 301-206-3353.