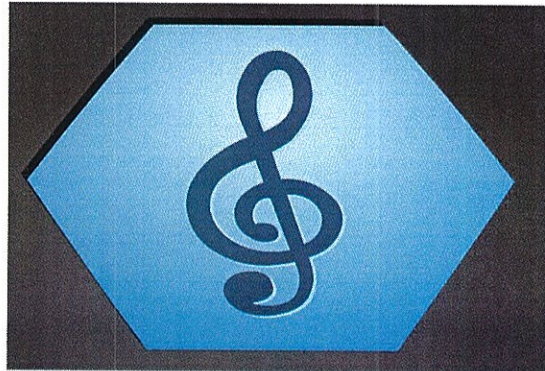


# Gwendolyn Britt Senior Activity Center

## SUMMER 2023 CALENDAR



### *JUNE, JULY and AUGUST 2023*

Hours of Operation - Monday-Friday 9 am - 3:30 pm

Please note the center will be closed on:  
Tuesday, July 4<sup>th</sup> – Independence Day

***FACE MASKS ARE ENCOURAGED!***

#### SUMMER REGISTRATION

- Registration begins Wednesday, May 17 for Residents (R).
- Registration begins Wednesday, May 24 for Non-Residents (NR).
- Spring Classes – Register early! **Virtual classes are available.** Classes fill on a first come, first serve basis.
- Don't Wait and Be Too Late! Register at least one week prior to the class start date! A minimum number of registrants are required for programs to be held.
- See refund policy on the next page.
- A fee assistance program is available for residents who need financial help to participate in our classes that have a fee greater than \$35. Based on income and family size, fee reduction may be available. Visit our website or ask center staff for details.

4009 Wallace Road • North Brentwood, Maryland 20722

Phone: 301-699-1238      Fax: 301-699-2078      TTY: 301-699-2544



# Gwendolyn Britt Senior Activity Center – Important Information

## **Our Refund Policy:**

- 100% refunds are issued when M-NCPPC cancels a class.
- All other refunds are subject to a 20% administration fee.
- All withdrawals/refunds must be processed by the facility offering the activity.
- Refunds **MUST** be requested **prior** to the end of the course.
- Refunds will **NOT** be issued once the course has ended.
- Credits nor refunds will be issued for classes missed by the participant.
- The Senior Activity Center Director must approve all requested refunds.
- Trip refunds will only be issued if the spot is resold.
- Cash refunds are not allowed.
- Refunds may be immediately credited to your PARKS DIRECT account or be issued per original method of payment as a credit on your credit card which can take 3 to 5 days to process or as a check which can take 3 to 4 weeks to process.

## **Trip Transportation:**

For your information, we include the mode of transportation used for our trips. Please note, the mode of transportation is subject to change. Here are the vehicles we use:

- M-NCPPC Activity Bus – 12-15 passenger white or tan bus
- Commission Bus – Large 24 passenger bus
- Motor Coach Bus – 40-50 passenger but with restroom

## **Trip Information:**

All trip registrants are expected to return with the group to the center or fill-out a release form.



Note: When you see these feet with a trip or activity, it means there will be a lot of walking.

# Langley Park/Gwendolyn Britt Senior Activity Centers

## Virtual Classes

<b>PIANO ADVANCE</b>	<u><b>Tues &amp; Thurs</b></u>  Jun 6 – Jun 29 (31541-430F) Jul 4 – Jul 27 (31541-430G) Aug 1 – Aug 24 (31541-430H)	11:30 am – 12:30 pm	\$68 (R) \$89 (NR)
<b>PIANO INTERMEDIATE</b>	<u><b>Tues &amp; Thurs</b></u>  Jun 6 – Jun 29 (31538-430I) Jul 4 – Jul 27 (31538-430J) Aug 1 – Aug 24 (31538-430K)	1 - 2 pm	\$68 (R) \$89 (NR)
<b>PIANO BEGINNER</b>	<u><b>Tues &amp; Thurs</b></u>  Jun 6 – Jun 29 (31526-430I) Jul 4 – Jul 27 (31526-430M) Aug 1 – Aug 24 (31526-430N)	10 - 11 am	\$68 (R) \$89 (NR)
<b>LINE DANCE</b>	<u><b>Mondays</b></u>  Jun 5 - Jun 26 (31502-444A) Jul 3 – Jul 24 (31502-444B) Aug 7 – Aug 28 (31502-444C)	11 am– 12 noon	\$26 (R) \$34 (NR)
<b>HOME PROJECTS</b>	<u><b>Wednesdays</b></u>  Jun 7 – Jun 28 (31523-430X) Jul 5 – Jul 26 (31523-444B) Aug 2 – Aug 23 (31523-444L)	10 – 11 am	\$18 (R) \$24 (NR)
<b>BINGO</b>	<u><b>Fridays</b></u>  Jun 2 – Jun 23 (31510-430A) Jul 7 - Jul 28 (31510-430B) Aug 4 – Aug 25 (31510-430C)	12 noon – 1 pm	\$20 (R) \$26 (NR)
<b>PIANO BEGINNER LEVEL-1</b>	<u><b>Mon &amp; Wed</b></u>  Jun 5 – Jun 28 (31526-444D) Jul 3 – Jul 26 (31526-444E) Aug 7 – Aug 30 (31526-444G)	9:30 – 10:30 am	\$68 (R) \$89 (NR)





# CELEBRATE THE NATIONAL DAY OF DANCE! SENIOR LINE DANCE PARTY

FRIDAY, JULY 21, 2023 | 9 AM-12 NOON

AGES 60 & BETTER

**Enjoy an American fare breakfast, and then DANCE! DANCE! DANCE!**

Registration begins Wednesday, May 17 for Prince George's County residents, and Wednesday, May 24 for non-residents. Limited spaces available.

**You MUST register in advance, as NO tickets will be sold at the door. Transportation will not be provided.**

Visit [pgparksdirect.com](https://pgparksdirect.com) and register for Ticket Code: **SPD-SPEC-GA-20230721** or keyword search "Dance Party". **Please note:** You must have a Parks Direct account to register.

**Please bring your printed ticket for admission to the event. Wearing of face masks is optional.**

**Ticket Fee: Resident \$35; Non-Resident \$46**

**SEE REVERSE SIDE FOR TICKET PICK UP LOCATIONS & SCHEDULE.  
(IMPORTANT: YOU MUST PRESENT YOUR RECEIPT OF PURCHASE TO RECEIVE YOUR TICKETS.)**

**MARTIN'S CROSSWINDS**  
7400 GREENWAY CENTER DRIVE,  
GREENBELT, MD 20770

FOR MORE INFORMATION, CONTACT  
BRENDA HARRIS AT 301-408-4343,  
OR [SENIORS@PGPARKS.COM](mailto:SENIORS@PGPARKS.COM).

## 2023 SENIOR LINE DANCE SPONSORS



[@pgparks](https://www.facebook.com/pgparks)

[@pgparks](https://www.instagram.com/pgparks)

[@pgparksandrec](https://www.instagram.com/pgparksandrec)

[@pgparksandrec](https://www.instagram.com/pgparksandrec)

For more information, please email Customer Service at [customerservice@pgparks.com](mailto:customerservice@pgparks.com) or call 301-699-2255; Maryland Relay 7-1-1 for customers who are deaf, hard of hearing, or have a speech disability.

Our front desk staff has access to an over-the-phone interpretation service and can help in over 150 languages. Please ask for assistance when you call or visit us.

The Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register at least a minimum of two weeks in advance of the program start date to request and receive a disability accommodation.





# SENIOR LINE DANCE PARTY

## TICKET DISTRIBUTION LOCATIONS & SCHEDULE

(IMPORTANT: YOU MUST PRESENT YOUR RECEIPT  
OF PURCHASE TO RECEIVE YOUR TICKETS.)

### CAMP SPRINGS SENIOR ACTIVITY CENTER

6420 ALLENTOWN RD., CAMP SPRINGS 20748

**TUESDAYS, MAY 23 & JUNE 6 AND MONDAY, JULY 3, 10 AM-2 PM**

### CEDAR HEIGHTS COMMUNITY CENTER

1200 GLEN WILLOW DR., SEAT PLEASANT 20743

**THURSDAYS, JUNE 22 & JULY 6, 10 AM-2 PM**

### GWENDOLYN BRITT SENIOR ACTIVITY CENTER

4009 WALLACE RD., NORTH BRENTWOOD 20722

**AVAILABLE FOR PICKUP MONDAY—FRIDAY, 10 AM-3 PM**

### LANGLEY PARK SENIOR ACTIVITY CENTER

1500 MERRIMAC DR., HYATTSVILLE 20783

**AVAILABLE FOR PICKUP MONDAY—FRIDAY, 10 AM-3 PM**

### SOUTHERN AREA AQUATICS & RECREATION COMPLEX (SAARC)

13601 MISSOURI AVE., BRANDYWINE 20613

**THURSDAYS, JUNE 1 & JUNE 29 AND FRIDAY, JULY 7, 10 AM-2 PM**





# Bingo-fest!

Calling all **seniors**! Join the fun and play **bingo** for GREAT prizes while helping support Prince George's County **elementary** school youth as they prepare for the upcoming school year. Lunch will be provided by the Department of Family Services.

Register at [pgparksdirect.com](http://pgparksdirect.com)

Key word search: **Bingo**

**Friday, August 11, 2023**

**10 am-2 pm (Doors open at 9:30 am)**

**60 & better**

## LOCATIONS:

### **Camp Springs Senior Activity Center**

6420 Allentown Road, Camp Springs 20748  
301-449-0490

Parks Direct ticket code:

**SPD-SPEC-GA-2023-0811B**

### **John E. Howard Senior Activity Center**

4400 Shell Street, Capitol Heights 20743  
301-735-2400

Parks Direct ticket code:

**SPD-SPEC-GA-2023-0811**

### **Laurel-Beltsville Senior Activity Center**

7120 Contee Road, Laurel 20707  
301-206-3350

Parks Direct ticket code:

**SPD-SPEC-GA-2023-0811A**

**FREE** with a Parks  
Direct Senior ID and  
donation of new school  
supplies to support  
Prince George's County  
School youth!

**Need more information? Please call 301-446-3400.**







## JUNE 2023



### **Bon Appetite: The Yard House**

**\$12 (R); \$16 (NR)**

**PARKS DIRECT code: GBSAC-20230606**

When we say we have some great food, we don't just mean popular food or classic cuisine. Come take a curated culinary journey exploring The Yard House menu of New American cuisine that puts delicious chef crafted twists on favorite global flavors. Meal is at your own expense.

Transportation provided.

**Tuesday, June 6**

**10 am - 3 pm**

### **Mental Health and Aging Awareness**

**FREE**

**Monday, June 12**

**11 am – 12 pm**

The National Alliance on Mental Illness (NAMI) chapter of Prince George's County, will host a seminar focusing on raising the awareness of Mental Health and the Aging population. Please sign up at the front desk.

### **The Native American Museum**



**\$20 (R); \$26 (NR)**

**PARKS DIRECT code: GBSAC-20230616**

A diverse and multifaceted cultural and educational enterprise, the National Museum of the American Indian (NMAI) is an active and visible component of the Smithsonian Institution, the world's largest museum complex. The NMAI cares for one of the world's most expansive collections of Native artifacts, including objects, photographs, archives, and media covering the entire Western Hemisphere, from the Arctic Circle to Tierra del Fuego. Meal is at your own expense. Transportation provided.

**Friday, June 16**

**10 am – 3 pm**

### **Movie Day**

**\$10 (R); \$13 (NR)**

**PARKS DIRECT code: GBSAC-SPEC-GA-20230620**

Have you missed most of the movies in theatres since the pandemic? Come on by the center and let's catch up! Sit back, relax and enjoy scene after scene of exciting acting. Hot dog, chips, drink and candy are included! You must register, so don't wait...**REGISTER EARLY.**

**Tuesday, June 20**

**11 am – 2 pm**

### **National Gardening Day**

**FREE**

**Thursday, June 29**

**12:30 – 2:30 pm**

Visit the center and try your hand at inside gardening while being serenaded by the saxophone sounds of Tracey Cutler. All supplies will be provided and you can take your precious one home to nurture it. Bring your gardening stories, tips and tricks along also! Please sign up at the front desk.



# EATING ICE CREAM



## JULY 2023



### **It's An Independence Day Party!**

**\$25 (R); \$33 (NR)**

**PARKS DIRECT code: GBSAC-SPEC-GA-20230707**

Let's groove to the sounds of the Old School Singers. They are full of fun! Getting everyone on the floor for a good time is what they do. Bring your dancing shoes and let's dance! Refreshments will be served. You must register for this.

**Friday, July 7**

**11:30 am – 1:30 pm**

### **Bon Appetite: Texas Roadhouse**

**\$12 (R); 16 (NR)**

**PARKS DIRECT code: GBSAC-20230714**

This is a legendary steak restaurant serving American cuisine from the best steaks and ribs to made-from-scratch sides and fresh baked rolls. Meal is at your own expense. Transportation provided.

**Friday, July 14**

**10 am - 3 pm**

### **Lunch and Learn – Hearing Loss**

**FREE**

Are you or someone you know experiencing hearing loss? Come out and learn about how to handle this issue. This program assists seniors with hearing loss also. Users can actually see what people are saying. This program is sponsored by ClearCaptions. Please sign up at the front desk.

**Tuesday, July 18**

**11 am - 12 noon**

### **National Compliment your Mirror Day**

**FREE**

Whenever you look in the mirror, what does it say about you? Let's share affirmations that will compliment you. Refreshments will be served. Please sign up at the front desk.

**Monday, July 24**

**11 am - 12 noon**

### **The Bible Museum**

**\$20 (R); \$26 (NR)**

**PARKS DIRECT code: GBSAC-20230728**

The Museum of the Bible is a museum in Washington, DC, owned by Museum of the Bible, Inc., a non-profit organization established in 2010 by the Green family. The museum documents the narrative, history, and impact of the Bible. It opened on November 17, 2017 and has 1,150 items in its permanent collection and 2,000 items on loan from other institutions and collections. Meal is at your own expense. Transportation provided.

**Friday, July 28**

**10 am - 3 pm**



**IN THE WATER!**





## *AUGUST 2023*



### **Senior Fire Safety Program**

**FREE**

Statistics show that people age 65 and older are twice as likely to be injured in a home fire than the population at large. Our Life Safety Educators work with seniors to educate the senior community on several safety topics. Please sign up at the front desk.

**Tuesday, August 1  
11 am – 12 noon**

### **Bon Appetite: Bonefish Grill**

**\$20 (R); \$26 (NR)**

**PARKS DIRECT code: GBSAC-20230808**

From the moment you walk through our doors, you'll know you're in a restaurant like no other. At Bonefish Grill, we focus on every little detail of your experience, anticipate your needs, and provide personalized service that allows you to enjoy a delicious meal in a comfortable, vibrant atmosphere. Meal is at your own expense. Transportation provided.

**Tuesday, August 8  
10 am - 3 pm**

### **Paint & Sip**

**\$15 (R); \$20 (NR)**

**PARKS DIRECT code: 30504-430A**

**BACK BY POPULAR DEMAND!** Interested in painting? It's easy!!! Painting is a relaxing activity, and you will see you can do it. Materials included along with light refreshments. Let's have fun! You must register for this event.

**Friday, August 18  
12:30 - 2 pm**

### **National Watermelon Day**

**FREE**

National Watermelon Day recognizes the refreshing summertime treat enjoyed at picnics and fairs! And since watermelon is 92% water, it is very satisfying in the summer heat. This vine-like flowering plant originated from Southern Africa. Please sign up at the front desk.

**Tuesday, August 22  
11 am - 12:30 pm**

### **End of Summer Grillin' and Chillin'**

**\$15 (R); \$20(NR)**

**PARKS DIRECT code: GBSAC-SPEC-GA-20230830**

There's nothing like a hot dog or chicken on the grill with veggies and great music. Bring your lawn chair – this is an outside event. Music by DJ Sweat for your listening pleasure or to dance by! You must register for this event

**Wednesday, August 30  
12 - 2 pm**



**AT THE PARK!**



# Gwendolyn Britt Senior Activity Center – ACTIVITIES – FREE

## MONDAYS



**FANTASTIC MONDAYS FREE MOVIE DAYS (12:30 – 2:30 pm):** Movies are fun to watch and with the pandemic we missed seeing a lot of them. So let us know what you would like to watch!

## TUESDAYS



**INDOOR PICKLEBALL (9 – 11 am):** Not sure how to play? Come anyway, we will help you!  
**BINGO (12:30 - 1:30 pm):** Everybody is a winner!

## WEDNESDAYS



**GAME DAY (12 – 3 pm):** Dominoes, Spades, Trouble, Uno, and others!

## THURSDAYS



**SENIOR SHAPE EXERCISE CLASS (11:30 am – 12:15 pm)**  
**ARTS & CRAFTS (12:30 - 2 pm):** Tap into your creativity!

## FRIDAYS



**GAME DAY (12:30 – 3 pm):** Dominoes, Spades, Trouble, Uno, and others!

## YOU ARE WELCOME!!!

### FITNESS ROOM



Gwendolyn Britt Senior Activity Center  
4009 Wallace Rd., North Brentwood, MD 20722  
(301) 699-1238



## SENIOR SHAPE – EXERCISE CLASS AND BLOOD PRESSURE SCREENING - FREE

<b>Senior Shape Exercise Class</b> Sponsored by: NIH Heart Center at Suburban Hospital	Multi-purpose Room A	<b>THURS</b> June 1-29 July 6-27 Aug. 3-31	11:30 am –12:15 pm	Free
<b>Blood Pressure Screenings</b>	Multi-Purpose Room A	<b>THURS</b> June 1 July 6 Aug 3	12:30 – 1:15 pm	Free

### AARP Smart-Driver Courses

**Tuesday, June 13      10 am - 3 pm**  
**Tuesday, August 8      10 am - 3 pm**

Tune up your driving skills and update your knowledge about rules of the road. Learn about normal age-related physical changes, and how to adjust your driving to allow for these changes. Contact Ted Peterkin at (240) 603-2950 to register and pay for the course.

## SENIOR SMARTRIP INFORMATION



WMATA Senior SmarTrip Cards are sold at the Center.

The purchaser must be at least 65 years of age with a government issued photo ID and M-NCPPC registration card. Cost of the SmarTrip card is \$2. See the front desk staff to make your purchase.

## DISABILITY ACCOMMODATIONS

The Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register a minimum of two weeks in advance of the program start date to request and receive a disability accommodation.



### IMPORTANT PHONE NUMBERS

Senior Nutrition/Transportation	301-265-8475
Legal Aid	301-927-6800
Department of Family Services	301-265-8401
Seniors County Information	301-265-8450
Medicare Information	800-633-4227
Call-A-Bus	301-499-8603



## SENIOR NUTRITION PROGRAM

The Senior Nutrition Program is offered Wednesdays and Fridays here at Gwendolyn Britt featuring a healthy, well-balanced meal by the Prince George's County Department of Family Services. Individuals who are 60 & better can reserve a meal by contacting our Nutrition Manager, Cecilia Lewis at 301-277-4231 or by stopping by the kitchen or by calling the Department of Family Services, Aging Services Division at (301) 265-8475.

You must register at least one day in advance. The suggested donation is \$4.00. If you need to cancel your meal, please do so at least two (2) days in advance with Nutrition Manager Cecilia Lewis, at 301-277-4231. Please bring exact change to cover your donation.

**Transportation:** Transportation services can be reserved directly by the Seniors. They must call DPW&T Intake line (301) 499-8603 to reserve their transportation ride to the Senior Center and must participate in the lunch program in order to be transported.

**Note:** There will be no lunch program when Prince George's County schools have a delayed opening or are closed due to inclement weather conditions.

**Reminder:** Lunch is subject to change depending on the Aging Services Division Office schedule.

## FOR YOUR INFORMATION

### Moved? Number changed? Update Your Information

From time to time, please stop at the office and make sure your personal information is correct. Let us know if you have any changes including emergency contact names and phone numbers.

### Volunteer Opportunities

Do you have a special skill or talent you would like to share with others? Would you like to teach classes to seniors here at the Gwendolyn Britt Senior Activity Center? If so, give us a call at (301) 699-1238.

## NO SMOKING POLICY

In accordance with Maryland State Law, there is **NO SMOKING** on M-NCPPC property. This includes vehicles, enclosed buildings and outdoors. Outdoor areas include facility grounds, parking areas, parks, picnic areas, ballfields, etc.

## WEATHER POLICY

PGParks  
ALERTS  
www.pgpc.org/alerts

Sign up for PG Parks Alerts and get the latest information on M-NCPPC closings due to weather, facility maintenance and other emergencies. Visit our website at [www.pgpc.org/alerts](http://www.pgpc.org/alerts) today!