**Henson Creek Trail**

**Tips for Trail Safety**

- **Horses** should be kept on the grass shoulder, when possible.
- **With the exception of motorized wheelchairs,** motorized vehicles are not allowed on the trail.
- **Pets** should be kept on a short leash and people must clean up after their pets.
- **Be sure to carry identification** (which includes name, phone number, and pertinent medical information), and** record** your bicycle serial number.
- **Carry coins for phone calls** or have a cell phone.
- **Stay alert,** be observant about your surroundings and avoid areas where visibility is poor.
- **Wear reflective material** and carry a whistle or noisemaker.
- **Never wear headphones.**
- **Use discretion** when acknowledging strangers, and follow your intuition about unfamiliar people and areas.
- **When on roads,** remember to ride with traffic, but walk and run against traffic.
- **Always carry tools** to repair minor issues and especially have supplies to change a flat tire.
- **Trails are available for use** from sunrise to sunset each day.
- **Park Police:** 301-459-3232

**Trail Use** includes adherence to some basic safety practices. Trails are shared recreation amenities and are accessed by a variety of users at the same time. Please be courteous to all users, and remember that pedestrians have the right-of-way. All trail users should stay to the right on the trail.

- **Never use the trails at dark** and always follow posted regulations.
- **Leave no trace.** Place trash in receptacles.
- **Bicyclists should pull off the trail when stopping to avoid a possible accident.**
- **Bicyclists approaching pedestrians should make an advanced noise using voice, bell, or horn to avoid startling walkers.**
- **Bicyclists should always wear a helmet and ride at speeds that do not exceed 12 miles per hour.**

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