

## Pool Hours

Fairland Sports & Aquatics Complex reserves the right to close down any section of our pools at any given time if deemed necessary by facility management.

### Lap Swimming - MAIN POOL

Mon - Fri 6:00 AM - 9:00 PM

**Mon - Fri 4:00 PM - 7:00 PM**

3 Lap lanes available in the Movable Floor Area

Sat & Sun 8:00 AM - 4:00 PM

### Recreational Swim

Non-structured water play

#### MAIN POOL

Mon - Thu NOON - 4:00 PM  
7:45 PM - 9:00 PM

Fri NOON - 4:00 PM  
7:00 PM - 9:00 PM

Sat & Sun NOON - 4:00 PM

### Recreational Swim

Non-structured water play

#### TRAINING POOL

Mon - Thurs NOON - 6:00 PM  
7:45 PM - 9:00 PM

Fri NOON - 9:00 PM  
Sat & Sun NOON - 4:00 PM

### TRAINING POOL IS CLOSED

Mon-Thurs 6PM-8:30 PM  
Tues, Thurs & Sat 9 AM - NOON

for Swim Lessons

Mon, Wed & Fri 8AM - NOON  
for the S.A.F.E.  
Program.

During swim lessons, individuals under the age of 18 may swim laps in the main pool

#### Whirlpool

Mon - Thu 6:00 AM - 9:00 PM

Fri 6:00 AM - 9:00 PM

Sat & Sun 8:00 AM - 4:00 PM

#### Water Walking Lane

M - W - F 6:00 AM - 8:00 AM

M - W - F 11:00 AM - 9:00 PM

Tue & Thu 6:00 AM - 9:00 PM

Sat & Sun 8:00 AM - 4:00 PM

## Pool Admission

CHILD/JUNIOR (3-17 YEARS)

ADULT (18-59 YEARS) SENIOR (60 YEARS)

*\*Identification must be shown to receive the bi-county discount*

ADULT \$5 / \$6 CHILD/SENIOR \$4 / \$5

## Swim Pass Fees

*\*Identification must be shown to enter pool*

#### Adult (18-59)

1 month \$25 / \$33

3 month \$75 / \$99

6 month \$150 / \$198

12 month \$300 / \$396

#### Child/Teen (3-17)

1 month \$14 / \$18

3 month \$42 / \$54

6 month \$84 / \$108

12 month \$168 / \$216

#### Senior (60+)

1 month \$17 / \$22

3 month \$42 / \$54

6 month \$84 / \$108

12 month \$168 / \$216

#### Senior Couple

\$25 / \$33

\$75 / \$99

\$150 / \$198

\$300 / \$396

#### Family (2 adults max)

1 month \$37 / \$48

3 month \$111 / \$144

6 month \$222 / \$288

12 month \$444 / \$576

## Combo Fit-n-Swim Pass

#### Adult (18-59)

1 day \$9 / \$11

1 month \$60 / \$72

3 month \$120 / \$144

6 month \$195 / \$235

9 month \$240 / \$290

12 month \$315 / \$380

#### Child/Senior

1 day \$7 / \$9

1 month \$48 / \$58

3 month \$96 / \$115

6 month \$160 / \$190

9 month \$170 / \$205

12 month \$195 / \$235

#### Senior Couple

12 month \$315 / \$380

#### Family (2 adults max)

12 month \$510 / \$615

**The Combo Fit-n-Swim Pass is valid only at the Fairland Sports and Aquatics Complex**

## Fitness Center Hours

Mon - Fri 6:00 AM - 9:00 PM

Sat & Sun 8:00 AM - 4:00 PM

## Fitness Center Fees

#### Adult (18-59)

1 day \$7 / \$8

1 month \$45 / \$54

3 month \$90 / \$108

6 month \$150 / \$178

12 month \$205 / \$246

#### Teen (13-17)/Senior (60+)

1 day \$6 / \$7

1 month \$36 / \$41

3 month \$70 / \$84

6 month \$120 / \$143

12 month \$164 / \$195

#### Senior Couple

12 month \$215 / \$260

#### Family (2 adults max)

12 month \$350 / \$432

**Ages 13-15 must be accompanied by a paying adult or have completed Youth Orientation.**

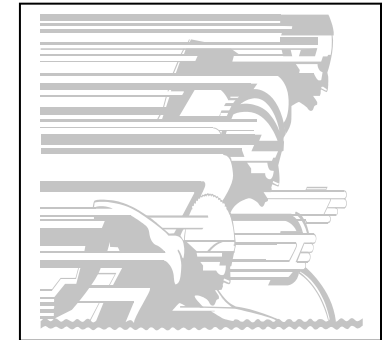
**Children 12 and under are not permitted in the Fitness Center.**

**The Aquatics Complex will be closed various weekdays and weekends from October through July for swim meets. Please ask the front desk for a current schedule.**



**live more, play more**  
pgparks.com

The Maryland-National Capital Park and Planning Commission, Department of Parks and Recreation, Prince George's County



## **FAIRLAND SPORTS AND AQUATICS COMPLEX 2012 GENERAL INFORMATION**

13820/13950 Old Gunpowder Rd.

Laurel, Maryland 20707

(301) 362-6060

FAX (301) 301-362-6061

TTY (301) 362-6090/(301) 490-4750

www.pgparks.com

The Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Please contact the facility at least two weeks in advance of the program start date to request an accommodation (i.e., sign language interpreter,



## Land Fitness Classes

Fairland's large Group Exercise Studio features a suspended wood floor for Aerobics, Step, Muscle Conditioning, Kickboxing, Boot Camp, Yoga and P.A.C.E. classes.

Classes are designed to accommodate all levels of fitness and are offered daily Monday - Sunday.

See Monthly Group Exercise Schedule for days, times and class descriptions.

## Personal Training

Personal Training is one-on-one assistance in designing and implementing an optimal fitness program tailored to meet your personal fitness goals and interests.

Rates:	Member		Non-Member	
	Res/Non-Res	Res/Non-Res	Res/Non-Res	Res/Non-Res
One-Hour	\$45/54	\$60/72	\$60/72	\$75/90
3-One Hour	\$130/142	\$170/204	\$170/204	\$210/252
5-One Hour	\$200/216	\$280/336	\$280/336	\$350/420
10-One Hour	\$375/402	\$550/660	\$550/660	\$700/840

Also Offering:  
Teen Strength Training

\* To receive the member fee, you must have a valid Fairland fitness room pass.

## Fees for Land and Water Fitness Classes

**\*Identification must be shown to receive the resident discount. Cards are not interchangeable.**

10 Classes	\$50 / \$60
30 Classes	\$138 / \$165
10 Classes Senior	\$40 / \$48
30 Classes Senior	\$108 / \$132
Drop-in Senior	\$5 / \$6
Drop-in Aerobics	\$6 / \$7
10 Land SAFE	\$30 / \$36
30 Land SAFE	\$78 / \$93

## Water Fitness Classes

### Monday / Wednesday

7:00 AM	Inter. Deep Water
7:00 AM	Arthritis Aquatics
10:00 AM	Adult Synchro (Monday only)
11:00 AM	Beg. Deep Water
11:00 AM	Arthritis Aquatics
11:00 AM	Water Aerobics
7:00 PM	Water Aerobics
7:45 PM	Arthritis Aquatics
8:00 PM	Deep Water Sculpting

### Tuesday / Thursday

6:05 AM	Water Aerobics
7:45 AM	Inter. Deep Water
9:00 AM	Inter. Deep Water
10:00 AM	Arthritis Aquatics
6:15 PM	Inter. Deep Water
7:15 PM	Water Aerobics

### Friday

7:00 AM	Inter. Deep Water
7:00 AM	Arthritis Aquatics
11:00 AM	Beg. Deep Water
11:00 AM	Arthritis Aquatics
11:00 AM	Water Aerobics

### Saturday

9:00 A M	Inter. Deep Water
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### Training Pool Well:

Patrons are not allowed in the well of the training pool while classes are in session.

## Birthday Parties at Fairland

Fairland offers both gymnastics and pool birthday parties for children. Gymnastics birthday parties are 1½ hours long...55 minutes of gymnastics instruction and 35 minutes of "party time" for children ages 4 to 12 years old. Pool birthday parties consist of 1 hour in the party room and unlimited swimming in the pool. Food and beverages may be brought in though we have no refrigerator or freezer available for perishable items. Filming of parties is allowed with a properly filled out Film Request form, found at both front desks. To schedule a party, you must complete and return a birthday party application. You must also have a SMARTlink account to reserve a party. Stop in to pick-up a party application.

### Pool Party Fees

Number of Children	PG/Mont.	Out of County
5 - 10	\$75	\$90
11 - 15	\$100	\$120
16 - 20	\$125	\$150
21 - 25	\$150	\$180

Each additional hour \$45/50

Adults	PG/Mont.	Out of County
Each adult	\$2.50	\$3.00

### Gymnastics Party Fees

PG/Mont.
\$150 (for up to 10 children)
\$200 (for up to 15 children)
\$25 per additional half-hour

### Out of County:

\$180 (for up to 10 children)
\$240 (for up to 15 children)
\$30 per additional half-hour

### ROOMS ALSO AVAILABLE FOR RENT

\$45 PG/Mont.	\$50 Out of County
	(Private Groups)
\$10 PG/Mont.	\$12 Out of County
	(Non-Profit Groups)

## Regulations

\*Identification must be shown to receive the BI-COUNTY discount rate.

\*Children not toilet trained must wear snug fitting plastic pants under their swim suit. Diapers are prohibited.

\*Children under the age of 12 MUST be accompanied by an Adult (someone over the age of 18). If between the ages of 12-17 please ask the CSR or MOD about a SMARTlink id card.

\*Appropriate swimsuits are required in the pool. NO thongs, sports bras, see through swimwear, shorts, or cutoffs allowed.

\*Food and beverages are allowed in designated areas.

\*Lock your valuables! Management is not responsible for lost or stolen items.

\*No vandalism, horseplay, profanity, or other actions which adversely affect public or private property.

\*No smoking or alcohol allowed in the facility.

\*Patrons 16 and under must take a swim test to enter deep water.

\*Management has the right to dismiss anyone that refuses to follow the rules and regulations of the facility.

## Directions to the Complex

**From the Beltway / 95 North:** Take exit at Route 212 East towards Beltsville. Make a left at the first traffic light onto Old Gunpowder Road. Proceed for approximately 2 miles; Fairland Sports and Aquatics Complex will be on the left.

**From the Beltway / 95 South:** Take exit at Route 198 West. Make a left at the second traffic light onto Old Gunpowder Road. Proceed for approximately 1.5 miles; Fairland Sports and Aquatics Complex will be on the right.

**From Route 29:** Take exit at Route 198 East. Make a right at the second traffic light onto Old Gunpowder Road. Proceed for approximately 1.5 miles; Fairland Sports and Aquatics Complex will be on the right.

**From Route 1 North:** Make a left onto Powder Mill Road. Pass through one light. Bear right onto Old Gunpowder Rd. Proceed straight for approximately 2 miles. Fairland Sports & Aquatics Complex will be on the left.

## Class Registration Desk

PHONE # (301) 362-6060

M-T-W-TH-F	7:00 AM - 8:00 PM
Sat-Sun	9:00 AM - 3:00 PM