



Senior Activity Centers

The Maryland-National Capital Park and Planning Commission's Prince George's County Department of Parks and Recreation operates five Senior Activity Center sites designed for people age 60 & Better. Each Senior Activity Center offers a wide range of recreation opportunities including classes, cultural activities, special events, trips and more. In collaboration with the Prince George's County Department of Family Services, limited transportation and nutritious hot meals are available at these Senior Activity Centers.

The Senior Activity Centers include:

■ Camp Springs Senior Activity Center

6420 Allentown Rd., Camp Springs, MD 20748
301-449-0490; TTY 301-446-3402
Hours of Operation: Monday–Friday, 9 am–4:30 pm

■ Evelyn Cole Senior Activity Center

5720 Addison Rd., Seat Pleasant, MD 20743
301-386-5525; TTY 301-446-3402
Hours of Operation: Monday-Friday, 9 am-3:30 pm

■ Gwendolyn Britt Senior Activity Center

4009 Wallace Rd., North Brentwood, MD 20722
301-699-1238; TTY 301-446-3402
Hours of Operation: Monday–Friday, 9 am–3:30 pm

■ Langley Park Senior Activity Center

1500 Merrimac Drive, Hyattsville, MD 20783
301-408-4343; TTY 301-446-3402
Hours of Operation: Monday–Friday, 9 am–3:30 pm

■ Laurel-Beltville Senior Activity Center

7120 Contee Rd., Laurel, MD 20707
301-206-3350; TTY 301-446-3402
Hours of Operation: Monday–Thursday, 8 am-9 pm;
Friday, 8 am–5 pm; Saturday, 8 am–2 pm

For more information please contact your nearest Senior Activity Center. In addition to the programs conducted at senior activity centers, classes and activities for seniors are offered at M-NCPPC's community centers throughout Prince George's County.

Participant eligibility requirements for Senior Activity Centers are as follows:

- Minimum age of 60
- M-NCPPC SMARTlink Senior Identification Card*
- Ability to participate in a drop-in recreation program setting that has 1-2 staff present (group size may vary from large to small)
- Ability to participate in recreation activities with minimal personal assistance
- Ability to take care of personal needs (i.e. personal hygiene, eating, mobility, medication, etc.)

** FREE M-NCPPC Senior Identification Cards are available for Prince George's and Montgomery County residents. Non-residents may purchase a card for a nominal fee. To obtain your card, bring proof of residency and age to your local community center or senior center during operating hours.*



COMMUNITY CENTER/FITNESS ROOM ID CARDS FOR Seniors 60 & Better

Sign up for your FREE SMARTlink account at any M-NCPPC community center in the county, and request a Community Center/Fitness Room ID Card.

Seniors 60 & Better Annual Community Center and Fitness Room ID Card Fees		
	Residents of Prince George's & Montgomery County	Non-residents
Community Center ID Card	FREE	\$80
Fitness Room ID Card	FREE	\$260
Replacement Card	\$5	\$20
Pre-Senior (age 50–59) ID Membership	\$40	\$105
Pre-Senior (age 50–59) Fitness ID	\$115	\$290



Community Center/Fitness Room ID Cards are valid for use at all M-NCPPC Community Centers and Senior Activity Centers in Prince George's County. Please note: These ID cards are not for use at the Prince George's Sports & Learning Complex, Fairland Sports and Aquatics Complex, and other special facilities operated by M-NCPPC. (Please call these facilities directly for information about programs for seniors.)

To find out where community centers are located, to learn more about opening a SMARTlink account, or to get more information about Community Center ID Cards and Fitness Room cards, visit www.pgparcs.com or call the Customer Service Help Desk at 301-699-CALL (2255); TTY 301-699-2544.



NORTHERN AREA Seniors 60 & Better Clubs

The Prince George's County Department of Parks and Recreation offers activities for Seniors 60 & Better. Find a community center near you and join the fun!

Call to confirm meeting dates and times.

■ Beltsville Community Center

3900 Sellman Rd., Beltsville, MD 20705
301-937-6613; TTY 301-445-4513

Pokeno Club – 2nd & 4th Thursdays, 10:30 am–12:30 pm
Senior Ceramics – Mondays, 1:30–4 pm
Young at Heart – First & Third Thursdays, 11 am–1 pm

■ Bladensburg Community Center

4500 57th Ave., Bladensburg, MD 20710
301-277-2124; TTY 301-445-4513

Jetsetters
Mondays, Wednesdays, Thursdays & Fridays, 10 am–2 pm

■ College Park Community Center

5051 Pierce Ave., College Park, MD 20740
301-441-2647; TTY 301-445-4513

Lakeland Seniors – 2nd Tuesdays, 12 noon–2 pm

■ Deerfield Run Community Center

13000 Laurel-Bowie Rd., Laurel, MD 20708
301-953-7882; TTY 301-445-4513

Senior Stamp Collectors Club – Fridays, 9:30 am–12 noon
Senior Fitness – Tuesdays & Thursdays, 11 am–12 noon
Senior Line Dancing – Fridays, 9:30–11:30 am

In addition to senior clubs, classes and activities for seniors are offered at M-NCPPC community centers and other facilities throughout Prince George's County. Look online at www.pg parks.com or pick up a *GUIDE to Parks and Recreation*.

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■ Good Luck Community Center

8601 Good Luck Rd., Lanham, MD 20706
301-552-1093; TTY 301-445-4513

Seniors Ceramics Club – Fridays, 9:30 am–2:30 pm

■ Kentland Community Center

2411 Pinebrook Ave., Landover, MD 20785
301-386-2278; TTY 301-445-4513

Seniors Social Club – Tuesdays & Fridays, 10 am–2 pm

■ North Brentwood Community Center

4012 Webster St., North Brentwood, MD 20722
301-864-0756; TTY 301-445-4513

North Brentwood Seniors – Tuesdays, 11 am–1 pm

■ Prince George's Plaza Community Center

6600 Adelphi Rd., Hyattsville, MD 20782
301-864-1611; TTY 301-445-4513

Seniors Bridge Club
1st Tuesdays & Thursdays, 9:30 am–12 noon
Senior Social Club – 1st Tuesdays, 9 am–12:30 pm

■ Rollingcrest-Chillum Community Center

6120 Sargent Rd., Chillum, MD 20782
301-853-2005; TTY 301-445-4513

Rolling Seniors – Mondays, Wednesdays, Fridays, 9–11:30 am



CENTRAL AREA Seniors 60 & Better Clubs

The Prince George's County Department of Parks and Recreation offers activities for Seniors 60 & Better. Find a community center near you and join the fun!

Call to confirm meeting dates and times.

■ **Bowie Community Center**

3209 Stonybrook Dr., Bowie, 20715
301-464-1737; TTY 301-218-6768

Belair Senior Citizens Club of Bowie
Wednesdays, 10:30 am–1 pm

■ **Cedar Heights Community Center**

1200 Glen Willow Dr., Seat Pleasant, MD 20743
301-773-8881; TTY 301-218-6768

Senior Club
Mondays, 12 noon–1:30 pm

■ **Huntington Community Center**

13022 8th St., Bowie, MD 20720
301-464-3725; TTY 301-218-6768

Happy Go Lucky Seniors
Wednesdays, 10 am–2 pm

■ **John E. Howard Community Center**

4400 Shell St., Capitol Heights, MD 20743
301-735-3340; TTY 301-218-6768

JEH Seniors
Tuesdays & Wednesdays, 10 am–2 pm

■ **Largo/Kettering/Perrywood Community Center**

431 Watkins Park Dr., Upper Marlboro, MD 20774
301-390-8390; TTY 301-218-6768

Seniors Social Club
Mondays, Wednesdays & Fridays, 10 am–2 pm

■ **Lake Arbor Community Center**

10100 Lake Arbor Way, Mitchellville, MD 20701
301-333-6561; TTY 301-218-6768

Lake Arbor Social Seniors
Tuesdays & Thursdays, 11:30 am–2 pm

■ **Peppermill Community Center**

610 Hill Rd., Landover, MD 20785
301-350-8410; TTY 301-218-6768

Young At Heart Seniors
1st & 3rd Wednesdays, 10 am–2 pm

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SOUTHERN AREA Seniors 60 & Better Clubs

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■ Camp Springs Senior Activity Center

6420 Allentown Rd., Camp Springs, MD 20748
301-449-0490; TTY 301-203-6030

South County Seniors
1st & 3rd Wednesdays, 11 am–1 pm

■ Harmony Hall Regional Center

10701 Livingston Rd., Fort Washington, MD 20744
301-203-6040; TTY 301-203-6030

Harmony Hallers
Tuesdays & Thursdays, 11:30 am–3 pm

■ Hillcrest Heights Community Center

2300 Oxon Run Dr., Hillcrest Heights, MD 20748
301-505-0896; TTY 301-203-6030

Senior Social Club
2nd Tuesdays, 10 am–1 pm (January–June)

Senior Card Players
Mondays, Wednesdays, Thursdays & Fridays, 11 am–6 pm

Iverson Mall Line Dancers
Mondays, 11 am–1 pm (January–June)

■ Suitland Community Center

5600 Regency La., Forestville, MD 20747
301-736-3518; TTY 301-203-6030

Suitland Sassy Seniors Club
Thursdays, 12 noon–3 pm

■ Temple Hills Community Center

5300 Temple Hill Rd., Temple Hills, MD 20748
301-894-6616; TTY 301-203-6030

The Mature Adult Club (MAC) Club
Mondays & Wednesdays, 10 am–2 pm

■ Upper Marlboro Community Center

5400 Marlboro Race Track Rd., Upper Marlboro, MD 20772
301-627-2828; TTY 301-203-6030

Senior Club
Wednesdays, 1:30–3 pm

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SPORTS AND FITNESS ACTIVITIES FOR Seniors 60 & Better

The Prince George's County Department of Parks and Recreation offers exciting activities for Seniors 60 & Better. Find a facility near you and join the fun! Call to confirm meeting dates and times. Schedule subject to change.

■ Prince George's Sports & Learning Complex

8001 Sheriff Rd., Landover, MD 20785
301-583-2400; TTY 301-446-6802

Morning Milers (Walking Club)
Mondays, Wednesdays & Fridays, 6-9 am

Seniors 60+ Free use of the fitness center, indoor walking track & aquatics venue
(Prince George's County residents only)
Mondays, Wednesdays & Fridays, 8 am-12 noon

■ Enterprise Golf Course

2802 Enterprise Rd., Mitchellville, MD 20721
301-249-2040; TTY 301-446-6802

Reduced rates for seniors.

■ Paint Branch Golf Course

4690 University Blvd., College Park, MD 20740
301-935-0330; TTY 301-446-6802

Reduced rates for seniors.

■ Henson Creek Golf Course

1641 Tucker Rd., Fort Washington, MD 20744
301-567-4646; TTY 301-446-6802

Reduced rates for seniors.

Adaptive equipment (such as water wheelchairs and accessible golf carts) is available upon request.

Classes and activities for seniors are offered at M-NCPPC community centers and other facilities throughout Prince George's County. Look online at www.pgparcs.com or pick up a *GUIDE to Parks and Recreation*.

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